

Thursday, October 6th, 2022 E-Bulletin

Bears Calendar

Oct 7	Fri	<i>Zen Maker Lab after school club</i>
Oct 10	Mon	Thanksgiving Holiday. School is not in session <i>Basketball After School Club - Not in session</i>
Oct 12	Wed	Parent Teacher Conferences (Virtual), <i>Early Dismissal at 1:20 (K-3) / 1:30 (4-7)</i> Volleyball Forms will come home this week There is no Hot Lunch Today <i>Sport Ball After School Club - Not in session</i>
Future Dates to Note		
Oct 21	Fri	Professional Development Day - School is not in session
Oct 24	Mon	Diwali
Oct 25	Tues	Volleyball Game #1 CPAC General Meeting - 9:00AM
Oct 26	Wed	Caught Being the Bear Draw - Pink Shirt Day at Caulfeild
Oct 28	Fri	Primary Pumpkin Patch (K-3)
Oct 31	Mon	PL3Y Dance Week in PE classes
Nov 1	Tues	Volleyball Game #2 Cyber Safety - Gr 5
Nov 2	Wed	Photo Retake Day Cyber Safety - Gr 6

[2022/2023 IDEC School Calendar](#)

Learning at iDEC

Hello Families,

I'd like to start out by thanking our CPAC for their support with a couple of school initiatives. The grade 6 classes had our first field trip of the school year to Bowen Island for kayaking and a nature hike. Money raised by CPAC through school initiatives such as Hot Lunch helps to support such trips. CPAC has also sponsored the purchase of six Chromebooks, which will help to support students in classrooms. Thank you to our CPAC team for making this possible.

Thank you as well to our Hot Lunch volunteers! It's a big job, and we are very grateful to the parents who are able to support this important program. Remember that families do have to send their own cutlery. We do not keep extra at the school.

On Tuesday we had our final Cross Country Meet, and I am very proud of our team for their effort and hard work. I am very grateful to all of our volunteers and coaches, Ms. Lapinskie, Mr. Santos and Mrs. Prins! Thank you as well to all of our families who were able to participate in our Parent Teacher Conferences. Many classes began conferences on Wednesday. Remember that we will have an early dismissal once again on Oct 12th for the second day of conferences.

Finally, see below for some discussion of important school issues such as Head Lice, Parking, Dogs and more. These are need to know items for iDEC families.

-Nathan

Head Lice

There are a few things that all families should know about Head Lice procedures in school. First and foremost, it is essential that families notify the school if they discover head lice. While it will remain confidential, once we receive this information we can then send out notifications and care instructions to all families in the affected division(s). Classrooms can also begin take some precautions, as families follow our care instructions at home. [Health Link BC](#) is a good place to look for recommendations for the identification and treatment of head lice. For more information on this topic, here is some information from Vancouver Coastal Health;

[Head Lice: What you Should Know](#)
[Getting Rid of Head Lice](#)

Parking

Drop off and pick up is going well, but we do need to share a few reminders. First, please refrain from parking in teacher spots, even temporarily, during this time. We also cannot be in the habit of parking or stopping our cars in the roundabout. The roundabout should always be moving. If you need to park for any reason, you will need to find parent (west side of lot) or street parking.

No Dogs on School Grounds

We cannot allow dogs on school grounds. Even puppies. I know that they are important members of the family, but they cannot enter Caulfeild iDEC school during drop off, pick up, or any other time of the day.

Parent Teacher Conferences

Our first day of Parent-teacher conferences were yesterday. Schedules for Divisions 16, 15 and 7 will be scheduled for Oct. 12th and 19th. It is wonderful to see such interest and partnership happen between our staff and families. Communication between home and school is a critical piece to supporting our students and helping them be the best learners they can be. Our teachers will provide families with regular ongoing classroom updates throughout the year. They may also contact you when they require extra assistance and support from you at home. We hope these first weeks of school have been positive for your child and family and you are feeling even more connected to your child's teacher after conferencing this week.

Please note the early dismissal times in the calendar for October 12th (1:20pm/1:30pm) to accommodate the conferences. There will be no Hot Lunch and Sport Ball on October 12th.

Bear's Cross Country Season



Congratulations to our Caulfeild Bears X-Country running team as they competed in the final race of the WV Schools three race series yesterday at Ambleside. Our team of racers represented all grade levels from Gr. 3 to 7. Our Bears were tenacious, supportive, and courageous and in doing so, achieved some strong personal bests and top ten ribbons each week. Many thanks to Coach Lapinskie, Prins, and Santos for supporting our team this year.

We would also like to acknowledge Ardeshir (Grade 7) who cheered and encouraged our Caulfeild running team up until the very end. Way to go everyone, and thank you Ardy for your positivity, high fives and Being the Bear.

GRADE 3	GRADE 4	GRADE 5	GRADE 6	GRADE 7
Alexandra H.	Alberto L.	Ainsley C.	Amirvala G.	Austin W.
Camilla C.	Harlow G.	Alice C.	Ayca K.	Ardeshir J.
Carina W.	Harry G.	Amy H.	Beatrice C.	Carter B.
Chantelle N.	Jack G.	Annika L.	Brody W.	David B.
Ewan C.	Keon M.	Armin B.	G.D. P.	Eoin N.
Freya H.	Leila M.	Baron V.	Paxie A.	Lily T.
Isabella D.	Leo B.	Dominick V.	Ryan D.	Rhys W.
Isabella S.	Max G.	Dominique D.	Valentina B.	Sidney V.
Laura P.	Milan I.	Emil V.		Tennyson B.
Lillie W.	Nathan C.	Emilie C.		
Ruoyi J.		Ethan W.		
Sam T.		Hannah T.		
Sebastian M.		Jerry W.		
Sebastian Q.		Kyan I.		
Sebastian S.		Levi G.		
Theo Z.		Levi K.		
Vu D.		Mark U.		
		Meredith G.		
		Nicholas Y.		
		Ooki M.		
		Oshia M.		
		Sara N.		
		Shirley B.		
		Tallulah C.		
		Teresa R.		
		Yannis L.		

Online Policies and Procedure Forms - Now PAST DUE

A reminder to complete the online Policies & Procedures form and return the paper forms as soon as possible as they are now past due. To date we have **received 96%** of the online [Policies and Procedures](#) form. We require these forms so that the school has the most up to date contact information and consent for your child to be able to participate fully in classroom and school activities. These are important forms that must be completed every year for each student.

Medical Alerts

If and your child has a life-threatening or serious health issue that may require emergency or ongoing medical management at school, and you have not been contacted by the office, please contact Ms. Chung jchung@wvschools.ca as soon as possible.

Our Procedure for Late Arrivals and Early Pick-Up

Though we strongly encourage students to arrive and leave school during their scheduled times, we understand that there are occasionally extenuating circumstances that cannot be helped. When that is the case please email Ms. Chung jchung@wvschools.ca and follow the guidelines below. Please also keep in mind that the staff at iDEC want all our learners in K to 7 to have the best possible start to their school day. We ask families to ensure that their children are arriving to school on time. Schedules and routines are extremely important to a child's development and academic achievement as key concepts and lessons begin at the start of our school day.

Late Arrivals: Students needing to arrive late are asked to come at the end of one of the two outdoor recess breaks at **10:30 am or 12:50 pm**. They are to check in at the office then enter with their class.

Early Pick-Ups: Students needing to leave early are asked to leave at the beginning of one of the two outdoor recess breaks at **10:10 am or 12:10 pm**. They are to check out at the office, then exit through the main doors to be picked up at the top of the roundabout.

We thank you for your cooperation in following these procedures as they help minimize classroom disruption.

Dress for the Fall Weather

Fall is here and so is the rain (sometimes)! All recess periods will be outside regardless of the weather unless extreme conditions make outdoor play unsafe. Please ensure you send your children to school equipped for outdoor play. With the amazing playgrounds and outdoor spaces we have at iDEC, embracing the natural world is an expectation. Outdoor recreation periods are an important part of a child's physical activity and social time. Please send your children to school equipped with raincoats, hats and boots for rainy days.

Bringing Your Own Cutlery

Please make sure your child is bringing their own cutlery. We also want to remind you that the "pack-it-in/pack-it-out" policy is in effect which means that students are expected to pack out their lunch waste, such as leftover food and in effect containers. Students must bring their own food and drink at the start of the school day; this includes snacks, lunch, and water bottles. There will be no sharing of food or drink and there will be no mid-day drop offs and deliveries of food items (or any other items). Water-bottle filling stations remain operational. We are a Nut Aware school. Please do not send nut based foods in students snacks or lunches.

Caulfeild PAC

Pumpkin Patch in School for K-3

We are pleased to announce that we will be holding our traditional pumpkin patch in school for the primary divisions on October 28th. This is a really fun event for the children and for the parents. If you would like to get involved we are looking for parent volunteers as follows:

Thursday October 27th after 3:00 pm, we will need a few parent volunteers to help hide the pumpkins in the forest.

Friday October 28th 8:40 am till 10:30, we will need a few parent volunteers to be in the forest and guide the kids as they come out, when it's their grades turn. We have traditionally asked parents to be in costume i.e witches etc for this part. And you can bring younger siblings, babies and preschoolers with you. Please email aneela.mallick@gmail.com to get on the list, thank you.

Call for Room Parents Volunteers

Thank you to those who have already volunteered to be Room Parents this year. But we are in need of many more. Room Parents coordinate with their teacher to support classroom activities during the whole academic year. This is a great **opportunity to connect with your child's teacher** as well as other parents in the class. If you are interested please email aneela.mallick@gmail.com and indicate your name, your child(ren)'s name, grade, and division. Please note currently the email account capac@wvschools.ca is having some trouble and emails have not been received for the last 3-4 days. If you have sent an email and not received a response please email aneela.mallick@gmail.com instead.

Hot Lunch Reminders

Hot Lunch program started this Monday. Please remember to pack your child's cutlery as vendors do not supply any.

If your child is absent on the day they are supposed to get their Hot Lunch, you can either pick it up before 12pm or have it delivered to a sibling but you need to email Candace candacehavelock75@gmail.com beforehand for it to happen. Please visit [Caulfeild\(munchalunch.com\)](http://Caulfeild(munchalunch.com)) to make any changes or additions, these can be done 7 days or more in advance.

After School Programs

After School Programs started this Monday as well. Sports ball will start on October 19th. Make sure your child knows if they are attending any programs and make a note of end time for pickups

Connect with CPAC

Website: <https://westvancouver.wvschools.ca/caulfeild-elementary/parents/>

Facebook: CPAC Facebook Group (You need to answer two questions to join this closed group)

Twitter: @CaulfeildPAC

Email: capac@wvschools.ca

WV Community Corner

RiseUP Parenting/Caregiving

The West Vancouver Youth Hub is offering some group sessions that will focus on Health Relationships and Skill Building. These sessions are for Youth and for parents/caregivers. Please click on the image below for more information.

RiseUP Parenting/Caregiving

The District of West Vancouver's Youth Services Team & NSCA Present: RiseUP

Group for Parents & Caregivers of Teens in RiseUP Youth

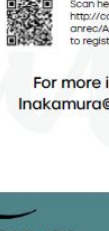
To achieve optimal results, we believe in working with systems to integrate and support new skills. By drawing on a child's most potent and influential relationships, their family, we see more sustained change. The RiseUP Parenting/Caregiving group works to support parents & caregivers in supporting their youth as they participate in the RiseUP program by providing families with common language, skills, and resources.

Topics

- Inherent self-awareness & responding styles
- Behaviour has meaning
- Attachment Principles - See me, hear me, show me (matter)
- Conflict - what is it really and our role as the caregiver
- Validation, support, and repair
- Boundaries - setting boundaries for connection

6-Week Virtual Group
Thursdays @ 6-7pm via Zoom
November 3rd - December 8th
Cost: \$270 + GST

Presented by:
Melissa Andrus, M.Ed., RCC
Youth Family and Couples Therapist
Clinical Director of NSCA



Scan here or follow the link at: https://www.facebook.com/westvancouvercommunitycentre/facility_session/328332 to register

For more information email: lnakamura@westvancouver.ca

RiseUP Youth

Building Resilience, Independence, Sense of Self, and Empowering Youth through Relationships

The District of West Vancouver's Youth Services Team and NSCA are pleased to present RiseUP Youth - a Healthy Relationships & Skill Building Group for Teens

Healthy Relationships & Skill Building Group for Youth

The RiseUP program was developed to build strength, resilience, and coping skills among youth as a way of enhancing interpersonal functioning and sense of self. Throughout this program youth will learn practical skills and gain awareness regarding a variety of personal and relational issues that affect mental wellbeing. The program is evidence-informed, interactive, collaborative, and geared toward empowering youth!


Topics

- Healthy vs. unhealthy relationships
- Boundaries & consent
- Healthy communication styles
- Dealing with peer pressure in sticky situations
- Understanding how relationships affect mental health/wellbeing & coping strategies
- Substance use & abuse
- Bullying and online safety
- Interpersonal & dating violence

© 2022 RiseUP program is licensed to West Vancouver, BC by the Province of British Columbia. All rights reserved. All trademarks are the property of their respective owners.

8-Week Youth Group (Grade 8-12)
Wednesdays @ 6-8pm
Oct 10th - Dec 7th
Where: West Van Youth Hub
Cost: \$320 + GST
(RiseUP Youth has been subsidized by West Vancouver Youth Services Team)

Presented by:
Bethelle Graham, M.A., RCC
Clinical Counsellor at NSCA



Scan here or follow the link at: https://www.facebook.com/westvancouvercommunitycentre/facility_session/328332 to register

For more information email: lnakamura@westvancouver.ca

Museum of Anthropology

MOA offers engaging in-person and digital school programs for elementary and secondary students to learn about world cultures and encounter new ideas, perspectives and experiences. Find more about programs and schedules at moa.ubc.ca/school-programs or click on the image below.

Elementary Programs

IN-PERSON PROGRAMS

- Archaeology of the Lower Fraser River GRADES K-2
- Cedar: Tree of Life GRADES 3-5
- Cedar Stories GRADES K-2
- Indigenous Plants + Connections GRADES 3-5
- Kwakwaka'wakw Potlatch GRADES 3-5
- Outdoor Pole Walk GRADES 3-5

LIVE DIGITAL PROGRAMS

- Archaeology of the Lower Fraser River GRADES K-2
- Cedar: Tree of Life GRADES 3-5
- Kwakwaka'wakw Potlatch GRADES 3-5

Museum of Vancouver - 2022-2023 Education programs

A learning resource for our community, the Museum of Vancouver (MOV) offers a range of enriching educational experiences connected to the BC Provincial curriculum. Students of all needs and ages have a chance to engage through hands-on programming and inquiry-based learning. Please click on the link for [In Person Education Program](#) and [Online Education Program](#).

Global Parkrun Community

JOIN THE GLOBAL PARKRUN COMMUNITY!




RUN WALK JOG

or volunteer with us

Beautiful views! Meet new friends. All ages, all fitness levels, everyone welcome! Set your own pace!

FREE COMMUNITY FITNESS EVENT

Now at Ambleside Pier - 9am every Saturday

Register online at [PARKRUN.CA](https://www.parkrun.ca) to track your progress each week!

Pumpkin Fest

Pumpkin Fest will be on Sunday, October 16th from 9am - 1pm at West Vancouver Community Centre. Please click on the image below for more information.

enhance WEST VAN

FUN FOR ALL AGES

PumpkinFest

SIGNATURE FUNDRAISING EVENT OF ENHANCE WEST VAN

SUNDAY, OCTOBER 16TH
9AM - 1PM

West Vancouver Community Centre

PUMPKIN PATCH | PONY RIDES | PETTING FARM
LIVE MUSIC | PANCAKE BREAKFAST
FREE DROP-IN SWIM, SKATE & GYMNASTICS

SPONSORS




SUPPORTING SPONSORS
AllWest Insurance | Behrman & Associates Real Estate Services LTD.
IN-KIND SPONSORS
Ambleside Trolley | Green Lines Club | Green Around the World | Fresh Street Market | Loblaw's City Market Park Royal | Strong's Market North Vancouver

[enhancewestvan.ca](https://www.enhancewestvan.ca)

Fire Prevention Week

This year, [Fire Prevention Week](#) runs from October 9 to 15 and the theme is Fire Won't Wait. Plan Your Escape. Click [HERE](#) for Home Escape Planning Grid and [HERE](#) for the Contest Entry Form.



Fire won't wait. Plan your escape.

[firepreventionweek.org](https://www.firepreventionweek.org)

© 2022 National Fire Protection Association. All rights reserved.

Fire Prevention Week™ 2022 Contest

This year, Fire Prevention Week runs from October 9 to 15 and the theme is Fire Won't Wait. Plan Your Escape.™

Fire Prevention Week is a great time to discuss fire and burn prevention with the people in your community, and is an opportunity for students to win some fantastic prizes!

Bringing the important message of fire and burn prevention to the schools and classrooms helps to save lives and prevent painful burn injuries and lifelong suffering. We thank you for all your efforts and the work that you do to share these messages.

The annual Fire Prevention Week contest is open to all students from kindergarten to grade 12 who are attending an independent, public or independent school in British Columbia.

Visit www.firepreventionweek.org for information and resources.

Please don't hesitate to let us know if you have any questions or comments - we would love to hear from you!

Rules and Timeline

Each student should complete the Home Fire Escape Plan (provided in this package or available for download at www.gov.bc.ca/fireprevention/)

- One (1) entry per student.
- Complete the entry form and mail to: BC Professional Firefighters' Burn Fund 3891 Main Street Vancouver, BC V5V 3P1 or email to: FirePreventionWeek@burnfund.org
- Entry deadline: Nov 4, 2022. Winners announced at the beginning of December. Presentation of prizes to be completed by end of January 2023.

Prizes

- 12 iPads - one per grade
- 12 Panago pizza parties - one per grade

Entries will be divided into the grade indicated on the entry form, so be sure to complete it accurately!

Thanks to the following for their support:

- BC Fire Training Officers' Association of BC
- BC FireSmart Committee
- Fire Chiefs' Association of BC
- Fortis BC
- Old Spaghetti Factory - Gastown
- Panago Pizza
- Technical Safety BC
- Volunteer Firefighters' Association of BC

The Fire Prevention Week 2022 Contest is hosted by the BC Office of the Fire Commissioner in partnership with the BC Professional Firefighters' Burn Fund, Fire Prevention Officers Association of BC, and the First Nations' Emergency Services Society.

Fire Prevention Week™ and the 2022 theme are trademarks of the National Fire Protection Association (NFPA) and the NFPA neither a sponsor nor affiliated with the contest and has neither endorsed nor approved the contest.

Langara EA Program

love your work

LANGARA'S EDUCATION ASSISTANT CERTIFICATE PROGRAM

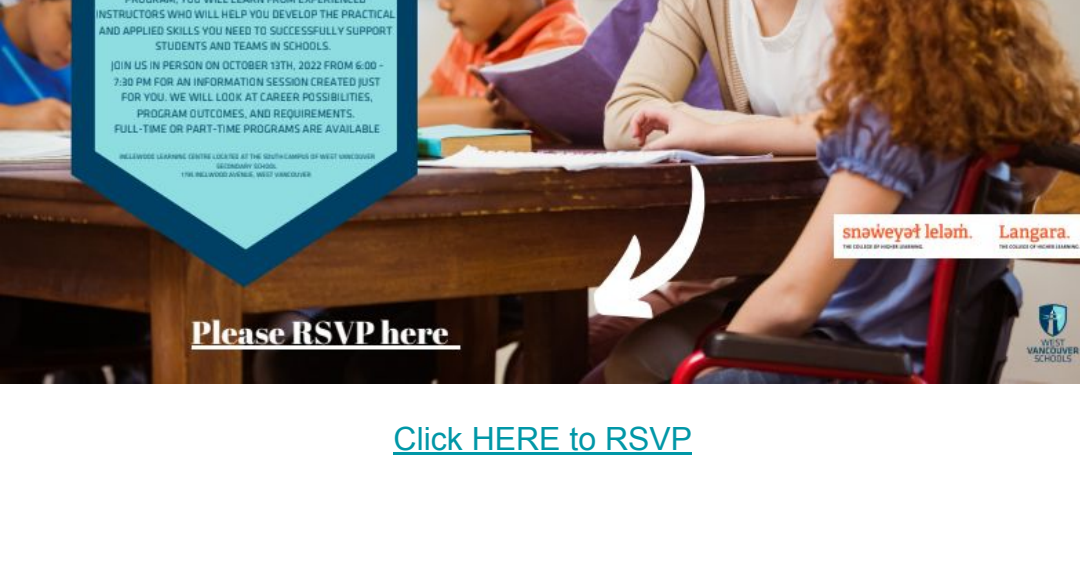
INTERESTED IN A CAREER SUPPORTING CHILDREN OR ADULTS WITH SPECIAL NEEDS? ARE YOU AN EDUCATION ASSISTANT IN WEST VANCOUVER? THIS INVITATION IS FOR YOU!

EDUCATION ASSISTANTS WHO SUPPORT STUDENTS WITH SPECIAL ABILITIES ARE IN DEMAND. IN LANGARA'S EDUCATION ASSISTANT CERTIFICATE PROGRAM, YOU WILL LEARN FROM EXPERIENCED INSTRUCTORS WHO WILL HELP YOU DEVELOP THE PRACTICAL AND APPLIED SKILLS YOU NEED TO SUCCESSFULLY SUPPORT STUDENTS AND TEAMS IN SCHOOLS.

JOIN US IN PERSON ON OCTOBER 19TH, 2022 FROM 6:00 - 7:00 PM FOR AN INFORMATION SESSION CATERED JUST FOR YOU. WE WILL LOOK AT CAREER POSSIBILITIES, PROGRAM OUTCOMES, AND REQUIREMENTS. FULL TIME OR PART-TIME PROGRAMS ARE AVAILABLE.

REGISTRATION AND SEATING LIMITED AT THE DISCRETION OF WEST VANCOUVER COMMUNITY CENTRE. REGISTER HERE: <https://www.langara.ca/ea-program>

Please RSVP here



[Click HERE to RSVP](#)

Connect With Us

Chris Kennedy Superintendent - WV Schools

Get insight into the thoughts and ideas of Chris Kennedy, Superintendent of the West Vancouver School District. Read his latest blog and follow him on Twitter to learn more from the CEO of WV Schools in: <https://cultureofyes.ca/> or <https://twitter.com/chrkennedy>

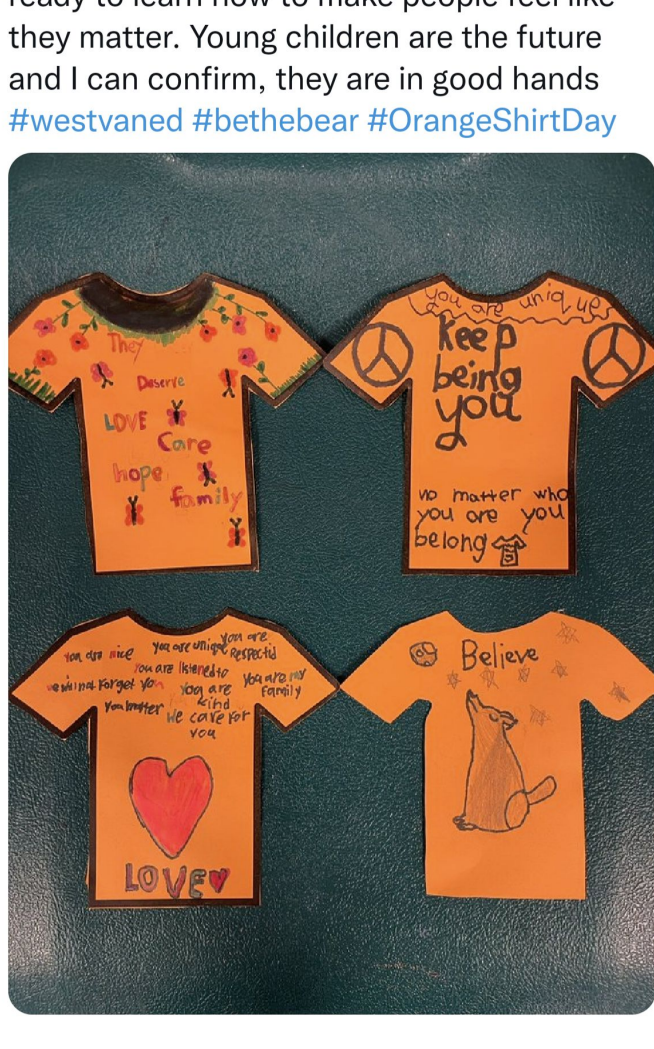
We would love to have you connect with us and follow our [Caulfeild School Twitter](#) account! Many of our staff are active Twitter users and our [CPAC](#) also uses Twitter regularly.



Caulfeild School @CaulfeildSchool · 1d
Happy World Teachers day to our wonderful teaching team! You deserve the world, but hopefully treats will do. @WestVanSchools



Junel Lapinskie (she/her) @JLapins... · 3d
Today, a sea of @CaulfeildSchool students wearing orange walked into their classes ready to learn how to make people feel like they matter. Young children are full of hope and I can confirm, they are in good hands #westvanded #bethebear #OrangeShirtDay



iDEC Virtual Tour

[Click Here](#)



Take a virtual tour of Caulfeild iDEC in less than two minutes. Visit our learning spaces on this narrated tour and begin to understand more about our vision for learning. Please share this video with potential new families. They will learn more about All Things iDEC.

CAULFEILD iDEC NEWS

[CLICK HERE](#)



The iDEC News is a wonderful way for us to bring you learning stories happening at iDEC as told by our very own students. We are very pleased to share the link to our YouTube channel, to access our most recent iDEC News, as well as, past editions since 2019.

Connect with Caulfeild iDEC

School Website: [Caulfeild iDEC Elementary](#)

Phone: 604 981-1200

Email: Caulfeild@wvschools.ca

CONNECT WITH US! #westvanded
Tag us in your school success stories using our hashtag

[f](#) /westvancouverchools

[t](#) @westvanschools

[v](#) @westvancouverchools

WEST VANCOUVER SCHOOLS
A world of opportunity