

Thursday, October 13th, 2022 E-Bulletin

Bears Calendar

Oct 17	Mon	Registration Starts for 2023-24
Oct 19	Wed	Gr 7 Boys Volleyball Practice 7:50am After school Program: Sportball begins today
Oct 20	Thurs	Photo Order Deadline Gr 7 Girls Volleyball Practice 7:50am
Future Dates to Note		
Oct 21	Fri	Professional Development Day - School is not in session
Oct 24	Mon	Diwali
Oct 25	Tues	Volleyball Game #1 - Boys at Pauline Johnson, Girls at Caulfeild CPAC General Meeting - 9:00AM
Oct 26	Wed	Caught Being the Bear Draw - Pink Shirt Day at Caulfeild
Oct 28	Fri	Primary Pumpkin Patch (K-3)
Oct 31	Mon	Dance PL3Y Week in PE classes
Nov 1	Tues	Volleyball Game #2 is a Bye. Practice in the gym from 2:50-3:30 Cyber Safety - Gr 5
Nov 2	Wed	Photo Retake Day Cyber Safety - Gr 6 SPCA Presentation - Gr 1

[2022/2023 IDEC School Calendar](#)

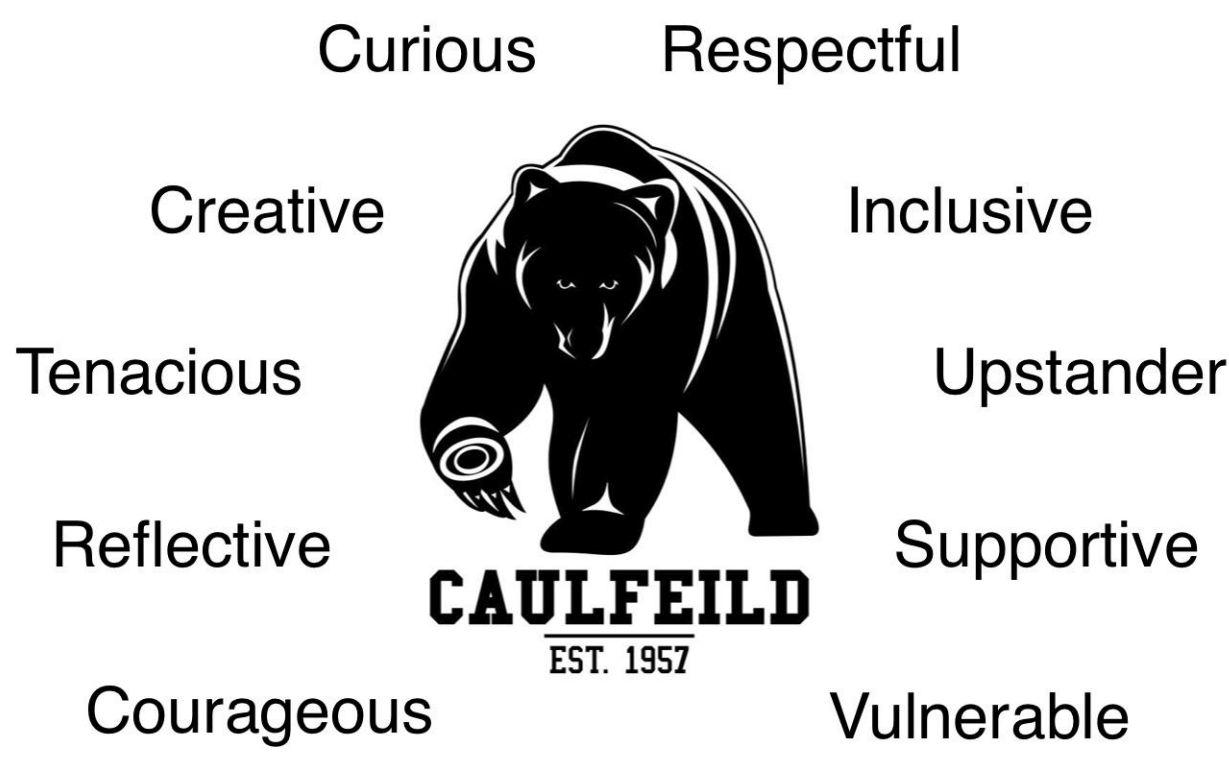
Learning at iDEC

Hello Families,

What does it mean to "Be the Bear"? This is a phrase your students have heard each day, you've seen it on our website and social media posts, and today I would like to share with you a little of our history with the bear, and what it means to embody our Bear Traits.

In 2016, iDEC delved into a whole school inquiry and found that the animal our students most identify with is the bear. From that Inquiry, the Caulfeild Bear was born. Further inquiry by staff and students led to our Bear Traits. While there are many characteristics of a Caulfeild learner, our school team has found the ten traits below best exemplify what it means to "Be the Bear". Students are 'caught' by teachers and staff members for being the bear throughout the day when they are Creative, Curious, or Vulnerable and then celebrated on the announcements once a month. Our Grade 7 leaders demonstrate Supportive, Respectful and Inclusive attitudes when they monitor students at lunch and take the lead during Bear Week. Our Local Initiatives club, led by Ms. Lefeaux and Ms. Ellis become Courageous and Tenacious Upstanders when they tackle important issues of the day. We are bears in the classroom and on the playground, before school and after, when our families ask us to Reflect on our day, and share something we loved about our time at Caulfeild.

The Bear Traits are powerful reminders of how we can be our personal best every day.



-Nathan

Bear's Volleyball Season

With the X-Country running season behind us, it is now time for Gr 7 Volleyball to begin. Coach Santos took our boys teams through their first practice of the season this week while Coach Lefeaux and Coach Bradford had their first practice this morning. The boys will practice regularly on Wednesday mornings and our girls team will practice on Thursday mornings before school. Regular season games are fast approaching with the first game on Tuesday, Oct 25. Players need to return their **signed permission forms** before next practice after parents/guardians have read and understand the expectations of the team. We are excited to welcome families who wish to spectate at the games this season!



Student Photos are Ready to Order

On Photo Day, students were provided with a photo flyer containing a QR login code. Use the login code to access your student's photo gallery at myorder.mountainwest.ca with any active email address.

Photo Order Deadline is Thursday, October 20, 2022.

To find out more about ordering, [Click Here](#) for support. If you do not have your login code, or require assistance, please email Mountainwest at help@mountainwest.ca or contact Ms. Chung at jchung@wvschools.ca. Orders will be shipped directly to your home address. Visit portal.mountainwest.ca to access digital downloads or check on the status of your order.

Photo retakes will take place on Wednesday, November 2nd.

Remembrance Day

As part of our Remembrance Day Service we ask families to share their personal family connections to those that have served in military service. You can contribute in two ways:

- Send in a photo of your family member – include the name, rank and/or country of service
- Personal Family Story - include the name, rank and/or country of service and include a short paragraph that details the family members experience (just a few key points).

We will honour the contributions and memories of families in our Caulfeild Community at this year's Remembrance Day Ceremony. If you would like to be involved please send your information to Ms. Hulme CHulme@wvschools.ca, with the word REMEMBRANCE in the subject line. In order to be included in our Remembrance Day Ceremony, please send your contributions by November 1st. More details about our Service that will be held on November 10th will be shared in the coming weeks.

Dance P13y

During the week of October 31-Nov 4, we have invited the team from Dance P13y to lead students from K-7 in Dance Instruction. Dance Play is a new program for iDEC. Their philosophy is to encourage physical literacy and the love of movement, as well as the social and mental health benefits of dance for students. In this way, they do not reward final student performances, and while students will get to celebrate their learning as a whole school, there is no parent performance connected to the Dance Play program.

For more information about the program, please visit: <https://www.dancep13y.com/schoolprograms>

Admissions 2023-24

Admissions for ALL Kindergarten registrations (in-catchment, out of catchment and out of district) and for IN-CATCHMENT registrations in Grades 1-12 will be open on Monday, October 17th. Please note that current Caulfeild students are not required to re-apply for the subsequent school year.

Registration for High School

If your first choice high school is **Rockridge**, you are not required to complete an online application (regardless of where you live). **Rockridge** counsellors will be visiting schools in late winter/early spring and distributing transfer forms at that time.

HOWEVER, if your first choice for secondary school is somewhere other than Rockridge, you must complete an online application according to the [student registration timelines](#). **Please note: No out of catchment or out of district applications for secondary are accepted until January.**

October 17, 2022 - All Kindergarten applicants (catchment, district and out of district) and all students residing in catchment for entry into Grades 1-12.

January 16, 2023 - Out of catchment (in-district) and Out of District applicants may apply online for Grades 1 – 12.

Accessible Parking

There are two signs along Caulfeild Dr. that indicate the drivers need to save space for accessible parking. This is especially important during drop off and pick up. If someone is not parked in the accessible parking spot, this does not mean that it is available to families who do not require access. We have a number of families that do require accessible parking, they have been identified by the school, and these spots are reserved for them. Thank you for understanding.

Drop off and pick up is going well, but we do need to share a few reminders. First, please refrain from parking in reserved spots, even temporarily, during this time. We also need to be in the habit of parking or stopping our cars in the roundabout. The roundabout should always be moving. If you need to park for any reason, you will need to find parent (west side of lot) or street parking.

Parent Teacher Conferences

Divisions 16, 15 and 7 will have second day of parent Teacher Conferences on Oct. 19th. School will dismiss on the regular time (1:50pm/2:00pm).

Terry Fox Donation

Last month, the Caulfeild Local Initiatives club ran their first initiative by planning and fundraising for the Terry Fox run. As a school community, we celebrated Toonies for Terry and raised a total of \$688.00, well done Caulfeild! A huge thank you to all of the Caulfeild families for your generous donations, together we were able to make a great contribution towards supporting cancer research.

Online Policies and Procedure Forms - Now PAST DUE

A reminder to complete the online Policies & Procedures form and return the paper forms as soon as possible as they are now past due. To date we have **received 98%** of the online [Policies and Procedures](#) form. We require these forms so that the school has the most up to date contact information and consent for your child to be able to participate fully in classroom and school activities. These are important forms that must be completed every year for each student.

Medical Alerts

If and your child has a life-threatening or serious health issue that may require emergency or ongoing medical management at school, and you have not been contacted by the office, please contact Ms. Chung jchung@wvschools.ca as soon as possible.

No Dogs on School Grounds

We cannot allow dogs on school grounds. Even puppies. I know that they are important members of the family, but they cannot enter Caulfeild iDEC school during drop off, pick up, or any other time of the day.

Our Procedure for Late Arrivals and Early Pick-Up

Though we strongly encourage students to arrive and leave school during their scheduled times, we understand that there are occasionally extenuating circumstances that cannot be helped. When that is the case please email Ms. Chung jchung@wvschools.ca and follow the guidelines below. Please also keep in mind that the staff at iDEC want all our learners in K to 7 to have the best possible start to their school day. We ask families to ensure that their children are arriving to school on time. Schedules and routines are extremely important to a child's development and academic achievement as key concepts and lessons begin at the start of our school day.

Late Arrivals: Students needing to arrive late are asked to come at the end of one of the two outdoor recess breaks at **10:30 am or 12:50 pm**. They are to check in at the office then enter with their class.

Early Pick-Ups: Students needing to leave early are asked to leave at the beginning of one of the two outdoor recess breaks at **10:10 am or 12:10 pm**. They are to check out at the office, then exit through the main doors to be picked up at the top of the roundabout.

We thank you for your cooperation in following these procedures as they help minimize classroom disruption.

Dress for the Fall Weather

Fall is here and so is the rain (sometimes)! All recess periods will be outside regardless of the weather unless extreme conditions make outdoor play unsafe. Please ensure you send your children to school equipped for outdoor play. With the amazing playgrounds and outdoor spaces we have at iDEC, embracing the natural world is an expectation. Outdoor recreation periods are an important part of a child's physical activity and social time. Please send your children to school equipped with raincoats, hats and boots for rainy days.

Bringing Your Own Cutlery

Please make sure your child is bringing their own cutlery. We also want to remind you that the "pack-it-in/pack-it-out" policy is in effect which means that students are expected to pack out their lunch waste, such as leftover food and lunch containers. Students must bring their own food and drink at the start of the school day; this includes snacks, lunch, and water bottles. There will be no sharing of food or drink and there will be no mid-day drop offs and deliveries of food items (or any other items). Water-bottle filling stations remain operational. We are a Nut Aware school. Please do not send nut based foods in students snacks or lunches.

Caulfeild PAC

Pumpkin Patch - Volunteers

We still need a few parents to help on **Thursday** Oct 27th at 3:00 pm, to hide the pumpkins in the forest. Pumpkins are on the smaller side and we have wheelbarrows, so this task isn't too labor intensive at all. Please email capac@wvschools.ca if you are able to assist us.

Room Parents

Thank you to all of you who have volunteered to be a room parent this year, we are very excited and grateful for your role in this school year. We are almost at a full house with just a few more to go. The following divisions are still in need of a room parent, please email capac@wvschools.ca and we look forward to hearing from you.

- Grade: 3- Div: 10 Ms. Lapinskie
- Grade: 4- Div: 8 Ms. Cheng
- Grade: 5- Div: 6 Ms. Sutcliffe

Connect with CPAC

Website: <https://westvancouver.schools.ca/caulfeild-elementary/parents/>

Facebook: CPAC Facebook Group (You need to answer two questions to join this closed group)

Twitter: @CaulfeildPAC

Email: capac@wvschools.ca

WV Community Corner

Learn Coding from Tech Industry Pros

This is a Middle Years Program for children from grades 6-9. Sessions are online every Thursday from 4:00pm to 5:15pm (level 1) or 5:30pm to 6:16pm (level 2). Click on the image below for more information.



LEARN CODING FROM TECH INDUSTRY PROS



RiseUP Parenting/Caregiving

The West Vancouver Youth Hub is offering some group sessions that will focus on Health Relationships and Skill Building. These sessions are for Youth and for parents/caregivers. Please click on the image below for more information.

NORTH SHORE CENTER FOR ATTACHMENT	NORTH SHORE CENTER FOR ATTACHMENT
<h3>RiseUP Parenting/Caregiving</h3> <p>The District of West Vancouver's Youth Services Team & NSCA Present: RiseUP</p> <p>Group for Parents & Caregivers of Teens in RiseUP Youth</p> <p>To achieve optimal results, we believe in working with systems to integrate and support new skills by drawing on a child's most potent and influential relationships: their family. We see more sustained change. The RiseUP Parenting/Caregiving group works to support parents & caregivers in supporting their youth as they participate in the RiseUP program by providing families with common language, skills, and resources.</p> <p>Topics</p> <ul style="list-style-type: none"> Parent self-awareness & responding styles Behaviour has meaning Attachment Principles - See me, hear me, show me I matter Conflict - what is it really and our role as the caregiver Validation, ruptures, and repairs Boundaries - setting boundaries for connection <p>6-Week Virtual Group Thursdays @ 6-7pm via Zoom November 3rd - December 8th Cost: \$270 + GST</p> <p>Presented by: Melissa Andes, M.Ed., RCC Youth, family, and couples therapist Clinical Director of NSCA</p> <p>Scan here or follow the link at: https://www.westvancouver.ca/parenting_caregiving_sessions to register</p> <p>For more information email: lnakamura@westvancouver.ca</p>	<h3>RiseUP Youth</h3> <p>Building Resilience, Independence, Sense of Self, and Empowering Youth through Relationships</p> <p>The District of West Vancouver's Youth Services Team and NSCA are pleased to present RiseUP Youth - a Healthy Relationships & Skill Building Group for Teens</p> <p>Healthy Relationships & Skill Building Group for Youth</p> <p>The RiseUP program was developed to build strength, resilience, and coping skills among youth as a way of enhancing interpersonal functioning and sense of self. Throughout the program youth will learn practical skills and gain awareness regarding a variety of personal and relational issues that affect mental wellbeing. The program is evidence-informed, interactive, collaborative, and geared toward empowering youth.</p> <p>Topics</p> <ul style="list-style-type: none"> Healthy vs. unhealthy relationships Boundaries & consent Healthy communication styles Dealing with peer pressure & sticky situations Understanding how relationships affect mental health/wellbeing & coping strategies Substance use & abuse Bullying and online safety Interpersonal & dating violence <p>8-Week Youth Group (Grade 8-12) Wednesdays @ 6-8pm Oct 19th - Dec 7th Where: West Van Youth Hub Cost: \$320 + GST (RiseUP Youth has been subsidized by West Vancouver Youth Services Team)</p> <p>Presented by: Rachelle Graham, M.A., RCC Clinical Counsellor at NSCA</p> <p>Scan here or follow the link at: https://www.westvancouver.ca/youth to register</p> <p>For more information email: lnakamura@westvancouver.ca</p>
<p>NORTH SHORE CENTER FOR ATTACHMENT 604-979-3993 central@westvancouver.ca www.westvancouver.ca</p>	<p>NORTH SHORE CENTER FOR ATTACHMENT 604-979-3993 central@westvancouver.ca www.westvancouver.ca</p>

Museum of Anthropology

MOA offers engaging in-person and digital school programs for elementary and secondary students to learn about world cultures and encounter new ideas, perspectives and experiences. Find more about programs and schedules at moa.ubc.ca/school-programs or click on the image below.

Elementary Programs

IN-PERSON PROGRAMS

- Archaeology of the Lower Fraser River GRADES K-2
- Cedar: Tree of Life GRADES 3-5
- Cedar Stories GRADES K-2
- Indigenous Plants + Connections GRADES 3-5
- Kwakwaka'wakw Potlatch GRADES 3-5
- Outdoor Pole Walk GRADES 3-5

LIVE DIGITAL PROGRAMS

- Archaeology of the Lower Fraser River GRADES K-2
- Cedar: Tree of Life GRADES 3-5
- Kwakwaka'wakw Potlatch GRADES 3-5

Museum of Vancouver - 2022-2023 Education programs

As a learning resource for our community, the Museum of Vancouver (MOV) offers a range of enriching educational experiences connected to the BC Provincial curriculum. Students of all needs and ages have a chance to engage through hands-on programming and inquiry-based learning. Please click on the link for [In Person Education Program](#) and [Online Education Program](#).

Global Parkrun Community

JOIN THE GLOBAL PARKRUN COMMUNITY!

RUN WALK JOG
or volunteer with us

Beautiful views! Meet new friends. All ages, all fitness levels, everyone welcome! Set your own pace!

FREE COMMUNITY FITNESS EVENT

Now at Ambleside Pier - 9am every Saturday

Register online at PARKRUN.CA to track your progress each week!

Pumpkin Fest

Pumpkin Fest will be on Sunday, October 16th from 9am - 1pm at West Vancouver Community Centre. Please click on the image below for more information.

enhance WEST VAN

FUN FOR ALL AGES

PumpkinFest

SIGNATURE FUNDRAISING EVENT OF ENHANCE WEST VAN

SUNDAY, OCTOBER 16TH
9AM - 1PM
West Vancouver Community Centre

PUMPKIN PATCH | PONY RIDES | PETTING FARM
LIVE MUSIC | PANCAKE BREAKFAST
FREE DROP-IN SWIM, SKATE & GYMNASTICS

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Connect With Us

Chris Kennedy Superintendent - WV Schools

Get insight into the thoughts and ideas of Chris Kennedy, Superintendent of the West Vancouver School District. Read his latest blog and follow him on Twitter to learn more from the CEO of WV Schools in: <https://cultureofeyes.ca/> or <https://twitter.com/chrkennedy>

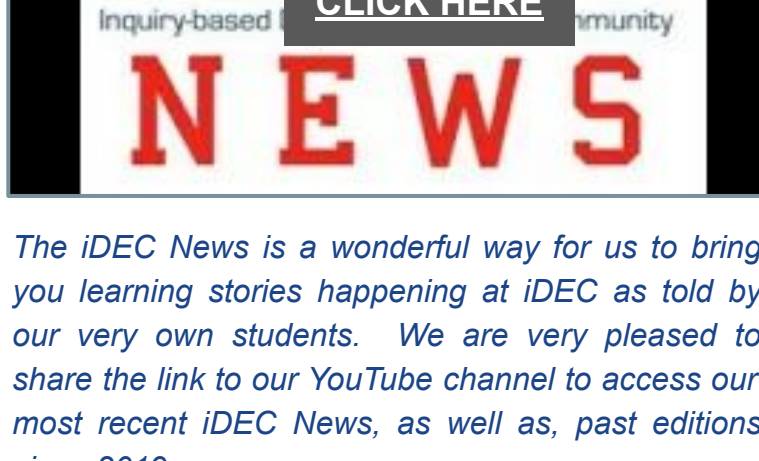
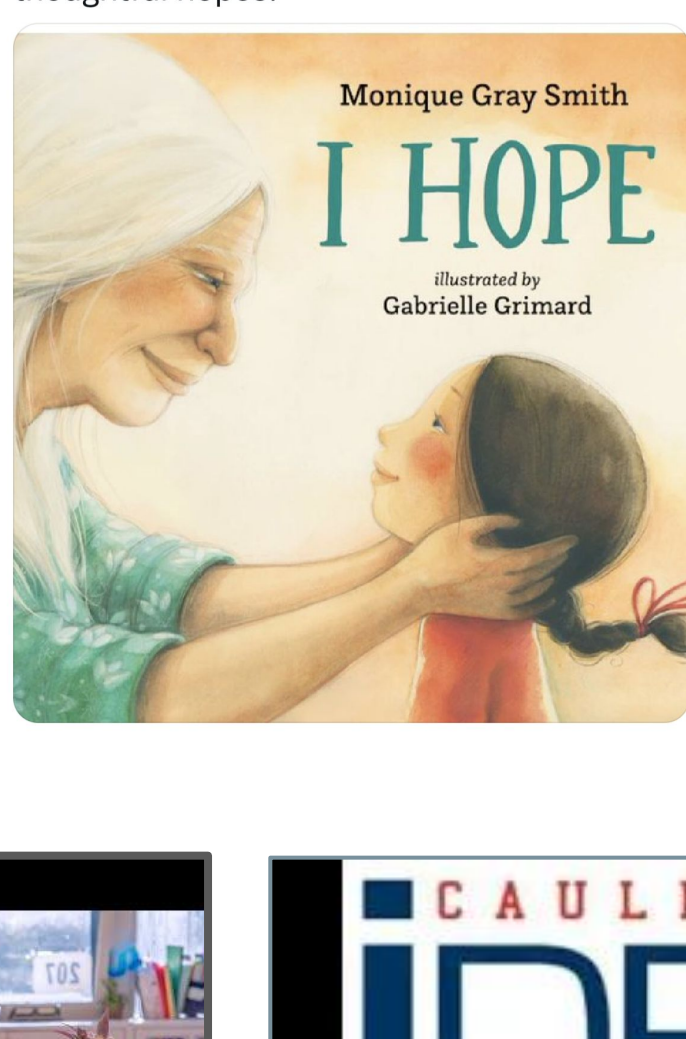
We would love to have you connect with us and follow our [Caulfeild School Twitter](#) account! Many of our staff are active Twitter users and our [CPAC](#) also uses Twitter regularly.



Candace Ross @CandaceRoss22 · 6d
In Kindergarten @CaulfeildSchool we are exploring the idea of CONNECTION in all the things we do. The Kindies are learning that we can connect with others by asking questions. They made beautiful connection jars with their own questions to help them connect with their families.



Iorraine @hartley_lori · 05 Oct
I am feeling so inspired and moved by the theme of Hope and the powerful words of today's #CR4YC speakers. After reading your book @tldr to my @CaulfeildSchool Kindergarteners on Orange Shirt Day, I got the most beautifully personal, heartfelt and thoughtful hopes.



Take a virtual tour of Caulfeild iDEC in less than two minutes. Visit our learning spaces on this narrated tour and begin to understand more about our vision for learning. Please share this video with potential new families. Please share them learn more about All Things iDEC.

The iDEC News is a wonderful way for us to bring you learning stories happening at iDEC as told by our very own students. We are very pleased to share the link to our YouTube channel, to access our shared iDEC News, as well as, past editions since 2019.

Connect with Caulfeild iDEC
School Website: [Caulfeild iDEC Elementary](#)
Phone: 604 981-1200
Email: Caulfeild@wvschools.ca

CONNECT WITH US! #westvaned
 Tag us in your school success stories using our hashtag



WEST VANCOUVER SCHOOLS
A world of opportunity