

Thursday, May 12th, 2022 E-Bulletin

Bears Calendar

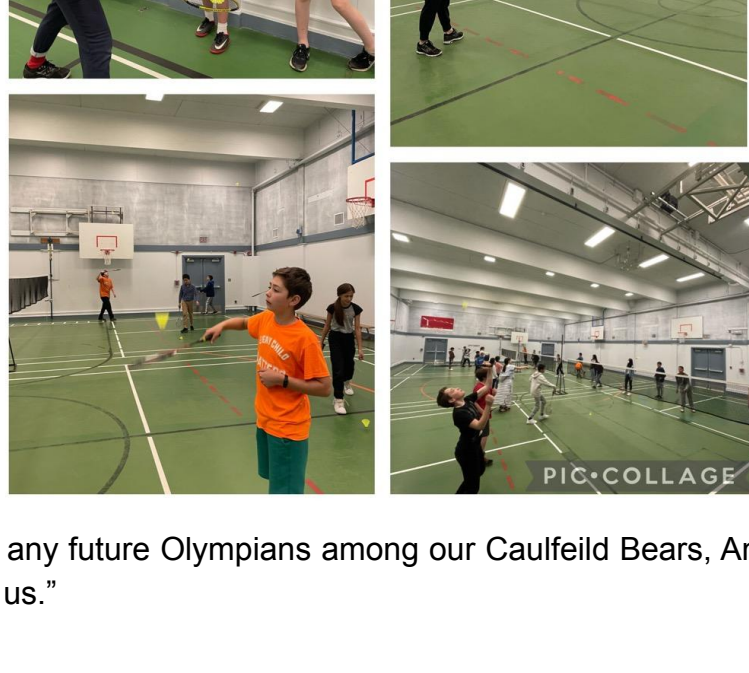
May	9-16	Badminton Week with an Olympian (rescheduled)
	10-31	KM Club (Tues, Wed, Thurs @ 8:00am)
	12	Gr. 1: Field Trip - Grouse Mountain Gr. 3: Field Trip - Pacific Museum of Earth at UBC
	13	Bear Wear Day Band Registration Ends
	16	Div. 6: Field Trip - Classical Chinese Garden
	18	DuffleBag Theatre Presentation (K to Gr. 4)
	19	Welcome to Kindergarten (12:30 to 2:00pm)
	20	Pro-D Day (no school for students)
	23	Victoria Day
	24-27	School Wide Write Week
	25	Pink Shirt Day / Bear Draw Gr. 7 Visit to Rockridge (9:00am) Beach Clean Up with EAC at John Lawson Park (2:30PM)
	27	Ridge Wilderness Gr. 7 Canoe Trip
	May 30 - June 3	Bike & Walk to School Week

[2021/2022 IDEC School Calendar](#)

Learning at IDEC

Badminton with an Olympian

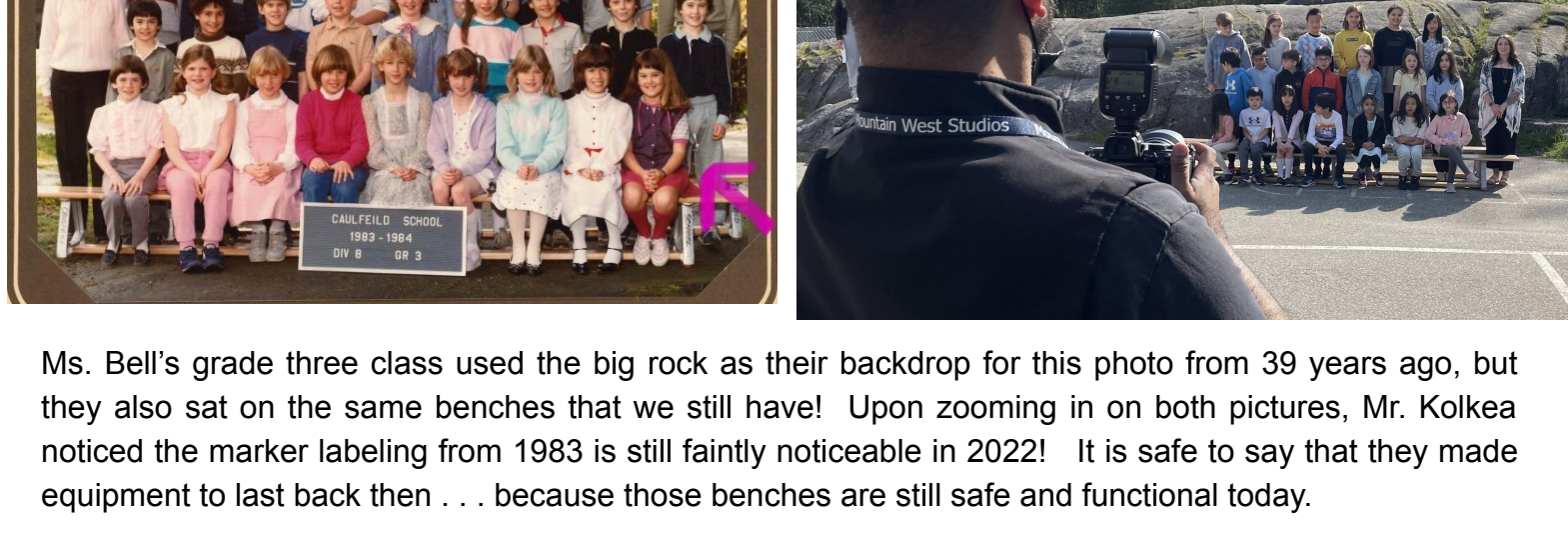
Anna Rice is not only an Olympic badminton player, she is an amazing instructor and incredible source of positive motivation. We wish to thank our CPAC for sponsoring this educational badminton session that is beneficial for both our students and staff alike. This week, students from Kindergarten to Gr. 7 spent their P.E. blocks with Anna and their teacher for a special intensive and fun badminton week. While students develop their striking skills and engage in drills to develop hand-eye-coordination, our teachers are learning drills and teaching techniques for their own lessons in the future. Due to the immunization clinic on Wednesday this week, Anna will finish her last day with us on Monday next week.



When asked if there are any future Olympians among our Caulfeild Bears, Anna replied . . . "there is an Olympian inside each of us."

Division Photos Coming Home Today

Last month we had a beautiful day for our division photo session outside. Each student was given a copy of their class photo today, so please check your child's backpack when they arrive home today. These photos are memorable keepsakes, especially when we have not had class photos for two years. We were able to replicate a location used in previous years by other photographers on a sunny dry days. There are two interesting facts when comparing the two photos below.



Ms. Bell's grade three class used the big rock as their backdrop for this photo from 39 years ago, but they also sat on the same benches that we still have! Upon zooming in on both pictures, Mr. Kolkea noticed the marker labeling from 1983 is still faintly noticeable in 2022! It is safe to say that they made equipment to last back then . . . because those benches are still safe and functional today.

Join our Caulfeild Band for 2022-23

Grade 5 & 6 Parent/Guardian(s), this is a gentle reminder that Band registration for 2022-2023 is **due this Friday, May 13**. As the band program relies on student enrollment it is imperative that interested students register at the due date. To register please click on the following link: [Elementary Band Program page](#).

Thank you parents and students who participated in the previous band information session on Google Meets. If you were not able to attend, I have posted a few links to assist your child with choosing an instrument. I truly hope to have an opportunity to work with your child in the Caulfeild IDEC band next school year. If you have questions please do not hesitate to contact Mr. Santos directly lsantos@wvschools.ca

Virtual Band Instrument Safari - Learn about band instruments by Tom Lee Music <http://tomleemusic.ca/instrument-safari/>

Band Class - Introducing the Instruments [Band Class Introducing the Instruments 1 - YouTube](#)

The 2022 IDEC Variety Show

Calling all performing arts students! We are excited to announce this year's IDEC Virtual Variety Show. The purpose of this event is to provide an opportunity for students to showcase their artistic talents in the performing arts that will be shared with the IDEC community. Examples of performing solo or group performance acts can be: singing, dancing, acting or playing a musical instrument. [Submissions are due on Friday, June 3rd](#). Please click [HERE](#) for more information.

The IDEC Scholastic Book Fair - \$WOW\$

As shared last week, our Scholastic Book Fair was a busy and joyful place to visit. This week we have a few more exciting updates on our sales totals and recognition. The total sales amount of this year's IDEC Book Fair is **\$10,672.63**. This includes both our in-person and online sales. According to Mrs. Smith and our lead parent organizer Tonia Liao, these are the highest sales in the history of our Book Fair.

We would also like to express our thanks to our extensive list of parent volunteers who helped make the Book Fair possible last week:

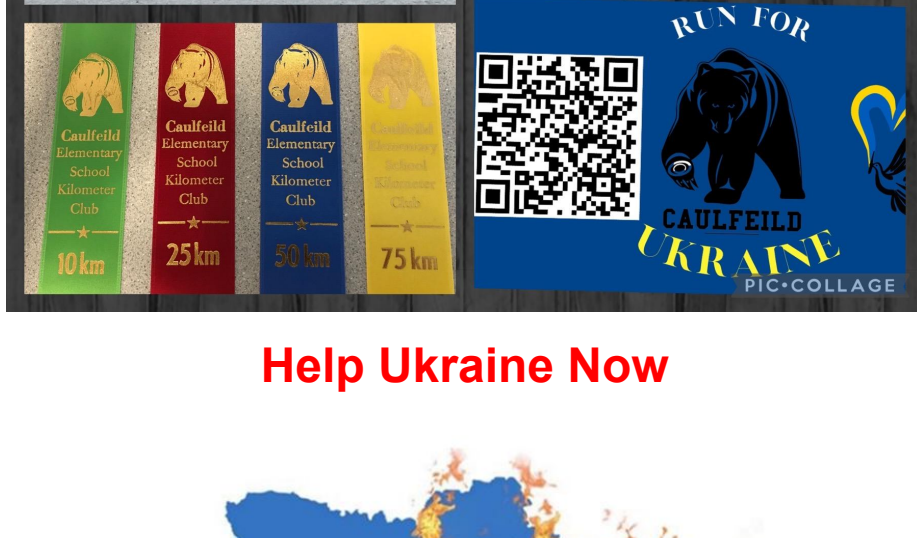
Adela Hohol, Petra Jonas, Rachael Thompson, Carol Zhang, Chi Pham, Kiah Sethi, Summer Hu, Phoebe Web, Marisa Yang, Breianne Nesser, Yanling Li, Wendy Li, Regina Wu, Kate Thom, Nundani Duncan, Chao Wang, Heidi Feng and Aneela Mallick.

The KM Club: Week One

The KM Club had a good first week and welcomes all ages to participate in this healthy, fun and community building activity through the month of May. Family members are also invited to join in the morning to add some steps to their day. This is an in person event for 2022 and no longer has a virtual or online component - all KMs are tallied together at Caulfeild.

The KM Club started on Tuesday this week and will conclude on Tuesday May 31. Just meet on the gravel field at 8:00am until 8:20am. Join us every Tuesday, Wednesday, and Thursday morning to get your kilometres in before school! Runners have the opportunity to receive ribbons for each 10, 25, 50, 75, and 100 kilometre achievement.

- We are seeking volunteers to assist with handing out kilometre counters and to encourage our bears to achieve their Kilometre Club goals for this year. Please contact Ms. Cheng echeng@wvschools.ca if you are available to volunteer on Tuesday, Wednesday, and/or Thursday mornings.
- If you are participating in the KM Club, why not get involved in our fundraising efforts called the Campaign for the Ukraine. Pledge forms were sent home with all students on Monday. Full details about this fundraiser can be found in the CPAC section below.



Help Ukraine Now



You should have seen a Pledge Form in your child's backpack or a **blue** and **yellow** bracelet or a heart pin on your child's shirt. **HELP UKRAINE NOW** campaign is well underway in our school. The war has been raging in Ukraine for over two months now, destroying cities, wiping out towns, killing thousands of civilians, and forcing millions to flee. The humanitarian situation is critical, and the needs are immense. **Ukraine needs help now!** And this is **HOW YOU CAN HELP**:

RUN FOR UKRAINE

In collaboration with CPAC, this year Caulfeild KM Club encourages students to run not only for joy but also for a cause. Support your child by making a pledge for any amount of \$ (per km or total). Pledges can be paid via Pledge, cheque to CPAC, or direct donation to one of the organizations listed below. If you did not find the Pledge form in your child's backpack, you can [download it here](#). Pledge forms and donations are due on June 1st.

DONATE TO UKRAINE

Help Ukraine Donating to help of the suggested organizations:
[UHelp Ukraine Society](#) (uhelp.ca) – a small local non-profit organization, dedicated to providing humanitarian aid and raising awareness about the situation in Ukraine. 100% of your donation goes to trusted volunteers providing humanitarian aid inside and outside Ukraine. Fastest and most direct way to Help Ukraine Now. (NO TAX RECEIPT)
[Canada Ukraine Foundation](#) (cufoundation.ca) – a Canadian charitable organization. Through their Ukraine Humanitarian Appeal, they work with government and non-profit organizations on the ground who are able to respond quickly to the changing needs and help distribute crucial humanitarian and medical aid. Fast and direct way to Help Ukraine Now, with most of your donation going to the cause. You will get a tax receipt.
[Canadian Red Cross](#) (redcross.ca) – a well established Canadian charitable organizations with international links that uses donations from a special emergency appeal to support Ukrainians in Ukraine and refugees outside the country. A portion of your donation goes to immediate and ongoing relief efforts and long-term recovery. Slow and least direct way to help Ukraine. You will get a tax receipt.

We thank you for your support!

Bears Sports

The Bears continued their training this week in preparation for the combined Track and Field Meet on **Thursday June 9th at SWANGARD STADIUM**. Events include: Co-ed 4x100m relay, Medley relay (100m, 100m, 200m, 400m), 4x100m relay, the 800m, Long Jump and Shot Put

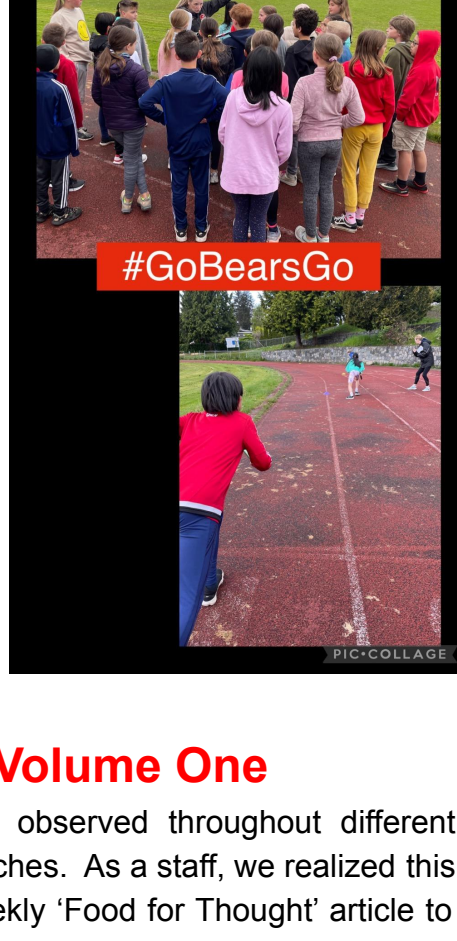
Bears Track and Field Team:

Our Practice Times:

1. At school practices will happen during lunch recess: the week, students will practice baton passing with their grade teams. Students will be notified at the beginning of the week as to which day(s) they will be practicing. Students should have a pair of running shoes available.
2. Wednesday morning practice at West Vancouver Secondary Track:

Practices at WVSS for *Grades 4 and 5 (rain or shine)*:
Wednesday, May 25 7:30-8:15

Practices at WVSS for *Grades 6 and 7 (rain or shine)*:
Wednesday, May 18 7:30-8:15
Wednesday, June 1 7:30-8:15



Healthy Snacks - Food for Thought: Volume One

Our IDEC staff were recently discussing a concern that has been observed throughout different classrooms: the types of snack options students are bringing in their lunches. As a staff, we realized this was a family learning opportunity, so we have decided to include a weekly 'Food for Thought' article to help guide family lunch planning for the final two months of school.

The first item for consideration this week is how to successfully include your child in their lunch planning and packing. While we want children to develop independence, their need guidance and supervision when it comes to making lunch and snack decisions. Including your child in conversations about their lunch planning is a positive step, but leaving them to decide on lunches and snacks without parental supervision has led to unhealthy snacks/lunch items seen at school.

Adults at home may wish to consider these topics to introduce with their child: the concept of a balanced diet, appropriate portion size, and limiting sugar intake. Adults engaging their children in plans and conversation about healthy foods leads to; supporting your child's interest in healthy food and shaping your child's eating habits and behaviours for the future.

This week's link below provides some excellent content to support your actions and guidance around healthy eating at school. Please visit Canada's food guide: Healthy eating for parents and children <https://food-guide.canada.ca/en/tips-for-healthy-eating/parents-and-children/>

Local Initiatives Club - RBC Race

The IDEC local initiatives club is gearing up for their last initiative of the school year! We are going to be participating in the RBC Race for the Kids for our next cause. This race is Vancouver's largest family fun run, which has helped improve the lives of countless kids since it started in 1986. The money raised directly aids in the advancement of care for children throughout BC, providing crucial support to the wide range of medical programs at BC Children's Hospital. The run will be taking place on **Sunday, June 12 at 9am at Queen Elizabeth Park**, there is also a virtual option for families. We are looking for Caulfeild families to come and participate in either the 2k or the 5k run! If you have any questions you can contact Ms. Lefeaux (dlefeaux@wvschools.ca) or Ms. Ellis (eellis@wvschools.ca).

Here is the link to Caulfeild's Team Page to register or donate:

<https://secured.bchf.ca/registant/TeamFundraisingPage.aspx?teamID=980589&langPref=en-CA>

Our School Goal - FESL

In 2022, our school has started our new three year school goal known as our FESL (Framework for Enhancing Student Learning). All schools in West Vancouver engage in this goal process to help develop a shared direction for learning with the stakeholders in their school community.

Our Goal Statement: *How can one's sense of belonging and connection to our inclusive community be strengthened through fostering resilience and social emotional well-being in order to equip individuals to face challenges and thrive throughout their lives?*
Throughout our school community, this goal is already becoming something that supports our planning, decision making and focus across our Inquiry and Digitally Enhanced Community (iDEC).

Not Returning Next Year?

Our work in the office is well underway to prepare for 2022-2023 school year. If you know your child(ren) will not be returning to IDEC in September 2022, please notify Ms. Chung as soon as possible via email at JChung@wvschools.ca Thank you for helping us keep our records and planning up to date.

After School Playground and Student Safety

Spring is here and the days are brighter and longer. With the sunny weather we begin to see an increase in students wanting to stay and play on the playground after school. We do ask families to remember we do not have supervision on the playground after school. At dismissal, students should go home if they are not supervised by a parent/guardian. The playground is not closed and students are welcome to play when they have supervision. A good routine for families to follow is, have your child return home from school first and then return to play once you have made a plan for after school.

Wildlife Sightings

Last week there were sightings of coyotes around our school and in the neighborhood. If you do see a coyote on the school grounds please contact our office. We take your reports seriously so that we can take appropriate steps to keep our students safe outside.

We always report any sightings on our school grounds to our local conservation officer. We would encourage you to report sightings of concern using the following contact information: Report a sighting using the online link [Report a Coyote Sighting](#) or call 604-681-9453(WILD).

Health and Safety Information

Our school continues to encourage our families to keep their children home when they are sick – doing so, helps to keep other learners, staff, and families in our community healthy. Colds, flu and Covid continue to be illnesses that we all need to be mindful of and keep from spreading in our school community.

In person meetings and events/gatherings are growing all the time here at iDEC. If you are visiting your child's teacher, appointments are appreciated. We ask that you please sign-in in at the main entrance beside the office and then check in with one of our office staff to announce your arrival when you visit inside the school for your arranged appointment.

Performing a Daily Health Check: Families should continue to perform the [daily health check](#) with your child(ren) prior to drop off each morning. If your child is not feeling well, please do not send them to school. The [BC Self-Assessment Tool](#) or [When to get tested](#) page are the most up to date resources to determine if you need testing.

Our Procedure for Late Arrivals and Early Pick-Up

Though we strongly encourage students to arrive and leave school during their scheduled times, we understand that there are occasionally extenuating circumstances that cannot be helped. When that is the case please email Ms. Chung jchung@wvschools.ca and follow the guidelines below. Please also keep in mind that the staff at iDEC want all our learners in K to 7 to have the best possible start to their school day. We ask families to ensure that their children are arriving to school on time. Schedules and routines are extremely important to a child's development and academic achievement as key concepts and lessons begin at the start of our school day.

Late Arrivals: Students needing to arrive late are asked to come at the end of one of the two outdoor recess breaks. They are to check in at the office then enter with their class.

Kindergarten to Grade 3: 10:30 am or 12:40 pm Grades 4 to 7: 10:30 am or 1:00 pm

Early Pick-Ups: Students needing to leave early are asked to leave at the beginning of one of the two outdoor recess breaks. They are to check out at the office, then exit through the main doors to be picked up at the top of the roundabout.

Kindergarten to Grade 3: 10:10 am or 12:00 pm Grades 4 to 7: 10:10 am or 12:40 pm

We thank you for your cooperation in following these procedures as they help minimize classroom disruption.

Caulfeild PAC

Environment Action Committee - Upcoming Beach Clean Up

Wednesday, May 25th is the Bears Beach Clean-Up day, to do our bit for our community and planet we have taken up the task of cleaning up our beach. EAC loves going to the beach, so on May, 25 at 2:30 pm we will be at John Lawson Park picking up the litter, making sure it is tidy and safe for all the people and animals that use the beach. We would love it if Caulfeild Bears could join us with this clean-up!

Please note parents/guardians are required to transport and supervise their child(ren) during this event. Kindly sign-up Here: <https://shorelinecleanup.org/cleanups/w336r>

Hot Lunch

Important Update For Sushi meals on Tuesdays and Thursdays supplied by Presto Catering. Presto will not be providing chopsticks with sushi to reduce waste. Please provide your kids with reusable chopsticks instead.

CPAC Nominations for School Year 22/23

Nominations for all CPAC Exec Committee positions are now open. Election will take place in our Next CPAC General Meeting on May 31st. Please take a [look](#) at the CPAC Executive Positions and let me know if you are interested in any of them, Thank You (aneela.mallick@gmail.com)

Connect with CPAC

Website: <https://westvancouver schools.ca/caulfeild-elementary/parents/>

Facebook: CPAC Facebook Group (You need to answer two questions to join this closed group)

Twitter: @CaulfeildPAC

Email: capac@wvschools.ca

WV Community Corner

2022 Summer Learning with West Vancouver Schools

Are you interested in learning for your child during the summer? West Vancouver Schools will be offering a robust Summer Learning Program for both elementary and secondary students during the July 2022. All classes run Monday – Friday.

Online registration for both the elementary and secondary Summer Learning programs is now open. **Please note the closing date for registration is May 27th.**

More information about courses, locations, attendance etc. can be found on the [Summer Learning Website](#).

West Vancouver Basketball Club Summer Camps

May is here which means that the WVBC Summer camps are just around the corner. This summer, the WVBC will be offering 4 weeks of camps beginning July 11 for players in Grades 2-10. All camps will be held at West Van Secondary School. To view the full schedule of camps and to register, please go to <http://www.wvbc.ca>.

Sports Academy Opportunities for Grade 7 Students

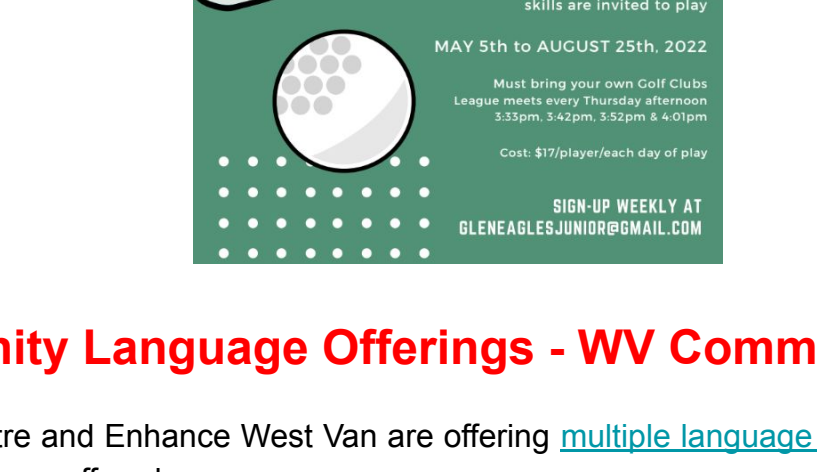
WVS Premier Field Hockey Academy OPEN HOUSE for Current Grade 7 Students
Calling all students (female & male) currently in Grade 7 who have an interest in or who already participate in the sport of Field Hockey. The WVS Premier Field Hockey Academy is hosting a **FREE ON-FIELD Session Thursday, May 12 from 4:00 – 5:00 p.m. at Rutledge Field at Ambleside**. Come experience first-hand a session by WVFHC Technical Director & also the Canadian U18 Men's National Team Head Coach, Mr. Geoff Matthews. We will also follow up with a short Parent Information session at the field. **To register for the FREE on-field session and/or the Parent Information Session please go to our website: <https://westvancouver schools.ca/academies/field-hockey>**

WVS Premier Baseball Academy OPEN HOUSE for Current Grade 7 Students
Calling all students currently in Grades 7 who have an interest in the sport of baseball! The WVS Premier Baseball Academy is hosting a **FREE Open House ON-FIELD session Thursday, May 26 from 1:30 – 3:30**. Location: Parkgate Park 1300 Parkgate Ave, North Vancouver OR Inside Performance #2-1500 Railway, North Vancouver *The location will be confirmed closer to the day based on the weather. **To register for the FREE on-field session please go to our website: <https://westvancouver schools.ca/academies/baseball>**
Parents who register will have ongoing communication leading up to the Open House and following the session to ensure all parents are fully informed about this amazing program.

WVS Premier Rugby Academy OPEN HOUSE for Current Grade 7 Students
Do you see Rugby as a rough sport? Well, we have the top coaches in the province who want to change that thought! One of our district's goals is to ensure students are active for life and continue to connect positively with their peers and the adults in their lives. Never even thought of having your student participate in the sport of Rugby? Now is your chance! Register for the FREE Open House On-Field Session! Students will meet Rugby Academy's Head Coach, Mr. Curry Hitchborn, also Head Coach of UBC Men's Rugby Team as well as West Vancouver Schools' PE teacher & Rugby Coach, Mr. Perino Zambon. Mr. Zambon is a Rugby high performance coach and six-time AA Provincial Champion. Come on out! We guarantee that students (all genders) who participate will leave with a very positive experience and new perception about this exciting sport of Rugby! For these coaches, the Academy is more than about Rugby – it is about a safe and caring space for students to learn and grow. **Check out the FREE on-field session, Thursday, May 26 from 1:30 – 3:00 at Ambleside all-weather turf. To register for the FREE on-field session, please go to our website: <https://westvancouver schools.ca/academies/rugby>**

Langara EA Program

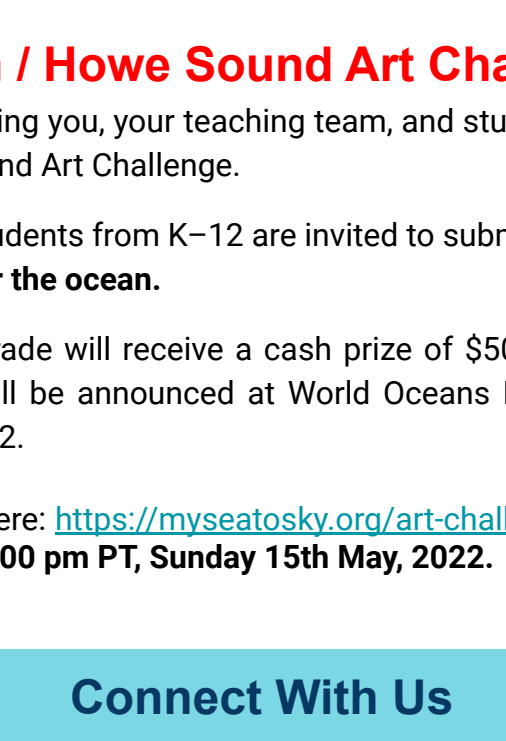
Interested in a career supporting children or already working as an education assistant in West Vancouver? This invitation is for you! Join us in person on May 17th 2022 from 6:00pm-7:30pm for an information session. Click [HERE](#) for more information.



Please RSVP to recruitment@langara.ca

DPAC Parent event with Chris Lewis

Chris (Syeta'xtn) will share his power of storytelling to address our community's history and First Peoples, while exploring equity, diversity and inclusion. Please click on the poster below for more information.



Gleneagles Junior Golf League

Junior Golfers aged 10 and over with intermediate to advanced skills are invited to play. Click on the poster below for more information.



Community Language Offerings - WV Community Centre

WV Community Centre and Enhance West Van are offering [multiple language courses](#) meant for parents and student. Languages offered:

- [French](#) (for teens and adults)
- [Korean](#) (basics for kids, youth and adults)
- [Russian](#) (for teens and adults)
- [Persian](#) (class for everyone)

Pacific Storm Water Polo

Pacific Storm Water polo Clubs' experienced coaching staff of former Olympians, National Team Coaches, and athletes will quickly assess your skill level and devise a plan to help you improve your swimming and water polo skills. Learn to swim faster, stronger, and be safer in the water. Come learn a new team sport or learn to take your game to the next Level. Click [HERE](#) for more information.

Átl'ka7tsem / Howe Sound Art Challenge 2022

We have the great pleasure of inviting you, your teaching team, and students at your school to take part in this year's Átl'ka7tsem / Howe Sound Art Challenge.

To celebrate World Oceans Day, students from K-12 are invited to submit artwork with the theme: **Revitalization: collective action for the ocean.**

The winning artwork from each grade will receive a cash prize of \$50, and will be featured in a special edition 2023 calendar. Winners will be announced at World Oceans Day in Átl'ka7tsem / Howe Sound event, on Wednesday 8th June 2022.

Competition details are available here: <https://myseatosky.org/art-challenge/>
The deadline for submissions is 9:00 pm PT, Sunday 15th May, 2022.

Connect With Us

Chris Kennedy Superintendent - WV Schools

Get insight into the thoughts and ideas of Chris Kennedy, Superintendent of the West Vancouver School District. Read his latest blog and follow him on Twitter to learn more from the CEO of WV Schools in: <https://cultureofeyes.ca/> or <https://twitter.com/chrkennedy>

We would love to have you connect with us and follow our [Caulfeild School Twitter](#) account! Many of our staff are active Twitter users and our [CPAC](#) also uses Twitter regularly. Here is some of the content you would have seen if you were following us on Twitter this week:

Chris Kennedy @chrkennedy

Candace Ross @CandaceRoss22

Wild energy in “the Dome” for the [#VEXWorlds2022](#) Championship Finals - starting in 10 minutes. Started with over 500 teams and there are 9 finalists - and 2 of them are from [@WVSAcademy](#) and [@TenTonRobotics](#) [#westvaned](#)

The Kindies [@CaulfeildSchool](#) are hatching chickens as part of our current inquiry! Today we learned about the elements of story by reading “Little Red Hen” by Paul Galdone. We transferred this knowledge to story workshop by retelling the story in our own words. [#chickens](#)

Take a virtual tour of Caulfeild iDEC in less than two minutes. Visit our learning spaces on this narrated tour and begin to understand more about our vision for learning. Please share this video with potential new families to help them learn more about All Things iDEC.

The iDEC News is a wonderful way for us to bring you learning stories happening at iDEC as told by our very own students. We are very pleased to share the link to our YouTube channel for our most recent iDEC News, as well as, past editions since 2019.

Connect with Caulfeild iDEC

School Website: [Caulfeild iDEC Elementary](#)

Phone: 604 981-1200

Email: Caulfeild@wvschools.ca

CONNECT WITH US! #westvaned

Tag us in your school success stories using our hashtag

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