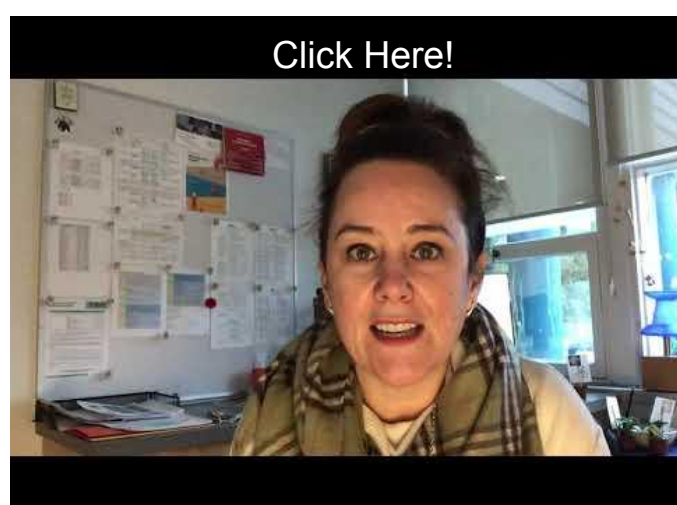


CAULFEILD IDEC ELEMENTARY E-BULLETIN
Thursday, November 26, 2020 E-Bulletin
Bears Calendar

November	27	Bear Wear Day
December	1	Whole School Inquiry Read-a-thon - Pajama Day
	4	Christmas Sweater Day
	11	Term 1 CSL Documents Home - Christmas Sweater Day
	11	Purdy's and Holiday Plant Sale Pick-ups
	18	Last Day of Classes before Winter Break- Early Dismissal - Christmas Sweater Day
	21- Jan 1	Winter Break
January	4	School Re-opens

[Click here](#)

for the: [2020/2021 IDEC School Calendar](#)

Ms. Bell's Video Update

Daily Health Checks

Please remember to perform a [Daily Health Check](#) with your child(ren) prior to drop off each morning.



Daily Health Check Translations:

[Arabic](#), [Farsi](#), [Korean](#), [Simplified Chinese](#), [Tagalog](#)

Empathy Inquiry Read-a-thon Donations

Whole-School Empathy Inquiry Big Idea:

Why is it important to meet the needs of those who need help in society, and how can we use empathy to help us do this?



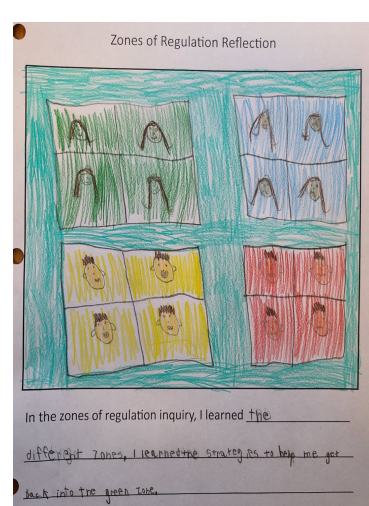
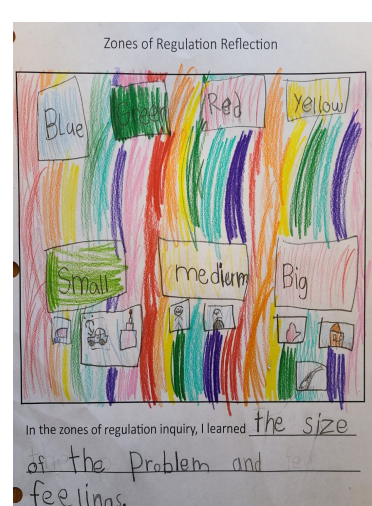
Our Empathy Inquiry Read-a-thon is fast approaching and we are asking that **forms and donations be returned to school tomorrow, Friday, November 28th**. The Read-a-thon will be a collaborative fund-raising effort that will provide classes with the means to reach out to various community agencies and provide assistance as a way to demonstrate kindness and empathy toward others. Students will be asked to read for 1-2 hours at school on the afternoon of Tuesday, December 1st as a way to show their support.

The collected donations will go to a charitable organization of each grade's choice. Each grade group will investigate and research local charities and decide, as a group, where they would like to donate their raised funds. In the past, we have supported agencies such as the Harvest Project, Santa for Seniors, the Christmas Bureau, Family Services of the North Shore Christmas Bureau, and Backpack Buddies. This is a wonderful opportunity for our students to recognize the importance of supporting others in their community, especially during these unusual times.

We thank families for all of your support.

Bear Wear Fridays goes Christmas Crazy


On Fridays, for the month of December, we are inviting everyone to join in the fun of the holiday spirit. Wear your favourite Christmas sweater or Christmas hat; the brighter, the louder, the uglier, the better!

Grade 1 Inquiry


Both Grade 1 classes have just completed their inquiry into the Zones of Regulation. They have been investigating the question, **How does understanding our emotions impact how we interact with others?** Students began this inquiry by exploring who they are, and the various emotions that they feel. They classified these emotions into the Zones of Regulation; Blue, Green, Yellow and Red. They then analyzed the size of problems, as with a deeper understanding of the size of the problem, the corresponding emotion can be better matched. The Grade 1s also explored a variety of calming strategies in order that they can move their emotions into the Green Zone and be ready to learn. Students explored techniques such as breathing exercises, yoga, meditation, counting to 10, forest bathing, jumping jacks, and getting a drink of water to name a few. See below for some of the Grade 1s favourite calming strategies.



Chair Push-Ups



Meditation



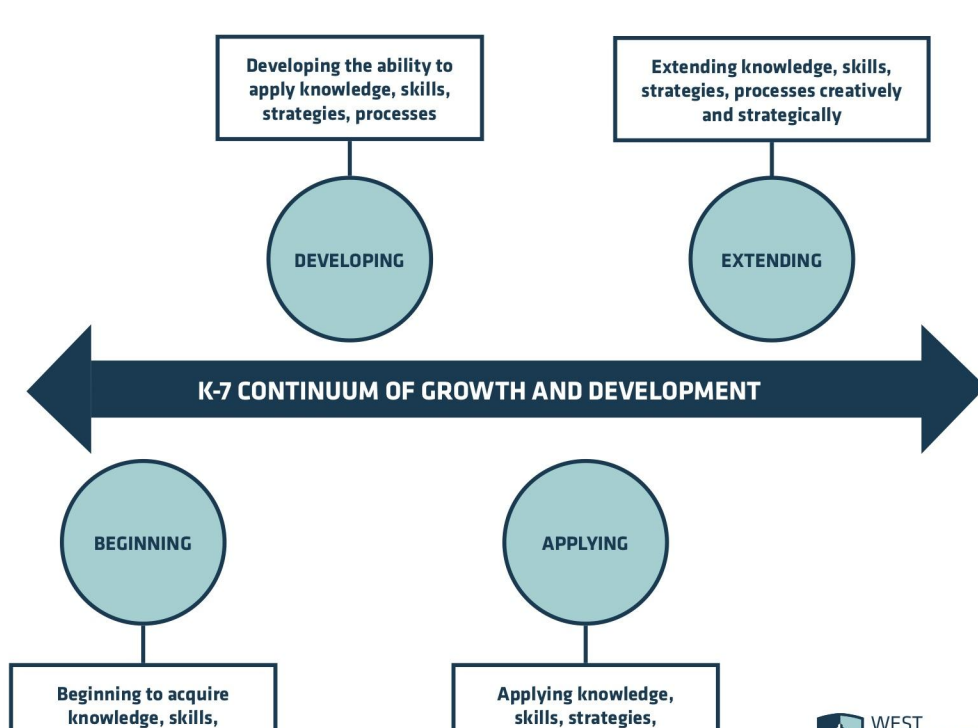
Jumping Jacks



Yoga

Communicating Student Learning

Term One Communicating Student Learning documents/reports will be shared with parents through FreshGrade on Friday, December 11th. Here is a helpful image to help you understand the language used on CSL documents in West Vancouver Schools.


Photo Retakes Ready to Order

Webcards were sent home today for students that participated in photo retakes. These webcards contain your child's image and order code. Click [here](#) for step by step instructions for online ordering. There is no deadline to order and all orders will be delivered directly to your home. If you have any questions, please contact [Mountain West](#) directly.

Library Book Returns

Parents please see the schedule below with the Book Returns days for each Division. Your assistance is very much appreciated!

DAY	DIVISIONS
Mondays	3, 4, 7, 8, 16
Tuesdays	2, 1, 5, 6
Wednesdays	10, 13, 12
Thursdays	9, 11, 15, 14

Caulfeild PAC

CPAC Community Fundraiser Success!

Thanks to your generous donations, we have raised **\$24,765** surpassing our goal of \$22,000! These funds will put to good use for our school: budgeted iPads and other technology replacements, furniture updates, acquisition of site licenses as well as additional teaching materials and supplies.

We thank all of you for helping make our school a better learning place for our children.

Purdy's Chocolates Biggest Buyers



And the winners are... for Primary Div 10 - **Ms. Lapinskie Gr 3** and for Intermediate Div 1- **Mrs. Stevens Gr 7**. These classes purchased the most Purdy's chocolates! Each student in these divisions will receive a gift certificate for **one slice** of delicious **Pastameli pizza**, courtesy of **Urban Water Works**.

Caulfeild Community Cookbook



We continue collecting your original recipes for our community cookbook. Follow this helpful [template](#) to share your favourite recipe with the community and send it to caulfeildcooks@gmail.com by **December 31st**. Help make our first community cookbook a success, we look forward to receiving your recipes!

Ongoing Online Fundraisers



Our ongoing online fundraisers remain open. If you shop on Amazon or Indigo regularly, you can benefit our school at the same time. All you need to do is click on the images above, shop online, and CPAC will receive a percentage of your purchase. This is an easy way to support your CPAC!

Please check our new [Fundraising Webpage](#) for all current CPAC fundraisers

Hot Lunch Parent Volunteers Needed

We are happy to announce that we have been given the green light to bring back the Hot Lunch program for two days a week! The plan is to open sales upon our return from the holidays and restart the program late January. Hot Lunch would be offered on **Tuesdays** and **Fridays** with Well-Fed and Panago pizza respectively as vendors.

In order to be able to run the program we need a small team of very dedicated volunteers. We can have only one volunteer in the building per day, so we are looking for one parent that can commit to Tuesdays, another for Fridays and a third person who can fill-in for the other two volunteers in case they cannot be present. The volunteers would need to be trained on school safety protocols and consistently be available between 12:00-1:20 pm on their respective day.

The volunteers would take pre-sorted bags with lunches to the classrooms, stay on site for the duration of the lunch to make sure that everyone gets their order, and collect empty bags at the end. If you would like to volunteer for our Hot Lunch program, please email capac@wvschools.ca *This program can only run with 100% commitment from three parent volunteers.*

CPAC Constitution and Bylaws Review

The School Act requires every PAC to have bylaws. Bylaws are the fundamental rules that define the PAC - essentially a contract between the members defining their rights and duties. Bylaws are meant to be changeable and should be reviewed every few years.

The CPAC bylaws were last updated in 2016. As such, we undertook to review our Constitution and Bylaws and have recommended some changes. Under the 'CPAC Resources' on our [website](#). You can find both the [current version](#) (adopted in 2016) of our Constitution and Bylaws as well as the [proposed updated version](#) (all the proposed changes are in red). Please take the time to review them and send any comments or suggestions to CPAC via email capac@wvschools.ca These will be voted on in the next CPAC meeting on January 26, 2021.

Community Corner

WEST VANCOUVER SENIORS' ACTIVITY CENTRE

Feed the need



FEED A VULNERABLE SENIOR IN NEED.

The West Vancouver Senior's Activity Centre (SAC) has received a matching grant from the West Vancouver Foundation. **The Ian and Rosemary Mottershead Fund** will match all donations **up to \$100,000** to the SAC's Food Security Program for vulnerable seniors.

The Food Security Program has been providing meals to vulnerable seniors in West Vancouver since the start of the COVID-19 pandemic, your donation could provide three meals per week to seniors in need until the end of 2021.

MATCHING DONATIONS MUST BE MADE BEFORE DECEMBER 31, 2020

Double your impact!



Dollar for dollar, your donation will be matched up to **\$100,000**.

DOUBLE YOUR CONTRIBUTION

Your contribution will be matched, allowing you to feed twice as many seniors!

Feed **one two** seniors for **three months** for **\$250**
Feed **one two** seniors for **six months** for **\$500**
Feed **one two** seniors for **one year** for **\$1,000**

Any donation you make will be doubled!



DONATE TODAY

Call **604-925-7280** to donate.

Pay by cash, Visa, Mastercard, AMEX, or cheque.*

For details, visit westvancouver.ca/feedtheneed

westvancouver.ca/feedtheneed

WEST VANCOUVER FOUNDATION

westvancouver

16th ANNUAL

Kids Help Phone



Homes for the Holidays

Presented by NICOLA HEALTH

Saturday and Sunday Nov 28 - 29
11:00am - 5:00pm

A seasonal self-guided tour of 5 luxurious homes in West Vancouver

Connect With Us

Twitter



We would love to have you connect with us and follow our [Caulfeild School Twitter](#) account! Many of our staff are active Twitter users and our [CPAC](#) also uses Twitter regularly.

Candace Ross @CandaceRoss22 · Nov 23

As we dive deeper into the [#walkingcurriculum](#) the Kindies are starting to make connections to previous walks. Today we looked over our heads and under our feet for things that move. The rain added a fun twist to this walk with lots of water exploration. [@CaulfeildSchool](#)

Jeff Muthanna @jeffmuthanna · Nov 24

Feeling lucky to be working [@CaulfeildSchool](#) with a teaching partner who infuses Grade 6 learning with CREATIVITY & ENERGY... [@oliviaclewis](#) [@tyurkowski](#) [@DiscoverEorg](#) [@WestVanSchools](#) [#FutureCity](#) [#FutureEngineers](#)

Jeff Muthanna @jeffmuthanna · Nov 25

When your principal [@tkolkea](#) visits your classroom on his first day back and receives a spontaneous round of applause from the kids. Just one of the reasons [@CaulfeildSchool](#) is a great place to work and learn. [@WestVanSchools](#) [@BCPVPA](#)

Devon Lefaux @Ms_Lefaux · Nov 24

As we focused on the reading strategy "tune in to interesting words" the grade twos were inspired by Peter Reynolds to become word collectors. As a class we were able to discover interesting words that we will now try using in our writing [@CaulfeildSchool](#)