



PERSONAL DIGITAL DEVICES

Personal digital device expectations apply throughout the entire school day, including before school, after school, and during break times. **Cell phones and smart watches will not be used at all during school hours.**

These guidelines are key to creating focused and engaging learning environments.

Our goal is to minimize distractions and maximize learning opportunities. Digital devices, when used appropriately, are powerful tools for collaboration, creativity, and communication. However, they should not interrupt instructional time or disrupt the learning environment.

WHAT FAMILIES CAN CONTINUE TO DO

Here are some ways families can help reinforce these expectations at home:

- **Encourage Balanced Screen Time:** Promote activities like reading, outdoor play, and family time.
- **Model Consistency:** Show your support by modeling mindful and appropriate device use.
- **Support School Communication:** Avoid contacting your child during instructional time. Non-urgent messages can wait until after school. If urgent communication is needed, please contact the school office.
- **Stay Engaged:** Revisit the Parent/Guardian Guide to Personal Digital Devices to refresh your understanding of the expectations and discuss them with your child.



West Vancouver Schools

Parent & Guardian's Guide to Personal Digital Devices



While digital devices can enhance learning in many ways, allowing students to collaborate, create and communicate, it is important that they are used in a mindful and meaningful way.

Personal digital devices should only be used with the permission of a teacher or administrator. Additional considerations will be made to provide for student's health and accessibility needs, and accommodation requirements.

Elementary

Cell phones should NOT be used in elementary school.



Secondary

Cell phones should only be used in class if specifically required for a learning task.

What can parents and guardians do to help?



- Understand the digital device expectations at your child's school
- Support and encourage your child's appropriate use of digital devices
- Refrain from contacting your child during the school day. If it's an emergency, contact the school office
- Personally model and encourage digital device boundaries



WE ARE...

connected

confident

curious

compassionate

