



BICS THIS WEEK

BOOK FAIR

Scholastic Book Fair returns next week!

Families are encouraged to stop by the Scholastic Book Fair during Family Learning Conferences. The book fair will be open during the following times:

Tuesday, February 24th:
11am-4pm

Wednesday, February 25th:
12pm-1pm
2:30-3:30pm

Thursday, February 26th:
12pm-1pm
2:30-3:30pm

Thank you for your support of our Book Fair. Proceeds will go to the purchase of non-fiction books for our library

GRATITUDE FOR OUR PANCAKE BREAKFAST

Thank you to Mrs. Magrath, Ms. Gleason, Mrs. Grundy, Mr. Collings, Mr. Brown, Mrs. Cooke, and Mrs. Hicks for preparing and coming in early to make our Gold Medal Pancake Breakfast such a success! This special event truly wouldn't have happened without their time, energy, and support. We are so grateful for all they did to make it such a memorable morning for our students.

THE WEEK AHEAD

Monday, February 23rd

Tuesday, February 24th

- Family Learning Conferences-**Early Dismissal @ 10:45am**
- **Please find your child's classroom sign up page at this link.**

Wednesday, February 25th

- Pink Shirt Day
- Girls Basketball Tournament

Thursday, February 26th

- Boys Basketball Tournament

Friday, February 27th



UPCOMING DATES

March 2nd

- Div 1 & 2 at Killarney Lake walk
- Div. 10 and 6 Skating

March 3rd

- 8:30am Literacy, Coffee and Connections with District Principal Michelle LaBounty



BICS PAC CORNER

Volunteers Needed!

PAC Hot Lunch Volunteers are needed:

Dishwasher, Friday, February 27, 2026



PINK SHIRT DAY

Pink Shirt Day – February 25 is an important opportunity for our school community to come together to promote kindness, inclusion, and standing up for one another. Students and staff are encouraged to wear pink to show that bullying has no place in our community. This year, we are excited to extend the message of kindness beyond one day through Mrs. Towne’s “Kindness Ninjas” initiative. Learners will be spreading the love by surprising one another with small acts of kindness—sharing treats like drinks, cookies, chips, and chocolate bars—as a reminder that kindness can be simple, joyful, and contagious.



While Pink Shirt Day is a powerful moment to pause and reflect, kindness is something we work on every day. We invite families to reflect together:

- **What does kindness look like in our home?**
- **How do we respond when someone is feeling left out or treated unfairly?**
- **How can small, everyday actions make a big difference for others?**

Together, we can continue to build a caring, respectful community where everyone feels safe, valued, and included.

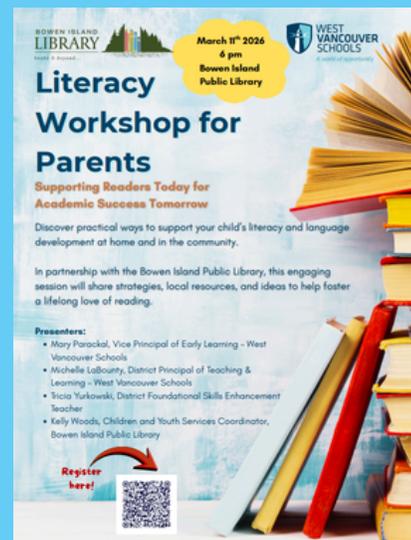


LITERACY CONNECTIONS

SAVE THE DATE!

**Literacy Workshop for Parents:
March 11th 6pm at Bowen Island Library**

Discover practical ways to support your child’s literacy and language development at home and in the community. This engaging workshop will share strategies, local resources and ideas to help foster a lifelong love of reading.



FRIENDLY REMINDERS

Please keep an extra fork or spoon in your child’s backpack for those just-in-case moments. Having spare cutlery on hand helps ensure students can enjoy their lunches comfortably if something is forgotten at home. Thank you for your support!





PARENT RESOURCES

Feeding Futures Program:



As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity.

Families are encouraged to reach out directly to their school principal or to feedingfutures@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

RETURNING TO BICS

Are you returning to BICS for the 2026-27 School year?

We are currently accepting and processing new registrations for the 2026-2027 school year and want to determine our enrollment for the upcoming school year. To the best of your knowledge, if you know you will not be returning to BICS, please let Mrs. Grundy know in writing as soon as possible (bics@wvschools.ca). We hope your child will return to BICS and note that students are returning to school on Tuesday, September 8, 2026.

WEST VANCOUVER SCHOOLS ADMISSIONS INFORMATION

K-12 admission applications for both in-district and out-of-district students opens on January 15. If you have students in your family or network who are looking to join our district, please help spread the word about this important date.

West Vancouver Schools offer a wonderful opportunity to be part of a community that values excellence in education. Our schools take pride in creating meaningful learning experiences and providing opportunities that support the growth, well-being, and success of every student.

To learn more about registration expectations and processes, please visit our admissions page: <https://westvancouver.schools.ca/admissions/>

We look forward to welcoming new students and families to our vibrant and supportive school community!



PARENT VOLUNTEER AND ENGAGEMENT OPPORTUNITIES



- March 3rd Coffee and Conversation about district literacy initiatives and supports with Michelle Labounty, District Principal.
- BICS Garden: We are looking for parents and community members to revitalize our school gardens. Email the school if you are interested (BICS@wvschools.ca). We will gather with volunteers in early March.

FEBRUARY				
MON	TUES	WEDNES	THURS	FRI
2 Squat jumps 5 Push ups 5 Twisties Repeat X 3	3 1 MINUTE! Side shuffle to the left 3 steps Jump shot Side shuffle to the right 3 steps	4 Fast Feet for 1 minute GO	5 10 Frog jumps 10 High knees 20 Mountain climbers Repeat X2	6 20 knee to opposite elbow 20 jumping jacks Repeat X2
9 20 Lateral jumps 20 Air squats 10 High knees Plank hold 20 seconds	10 5 Squat jumps 5 Push ups 5 Twisties Repeat X 3	11 Juggling – Grab some scrap paper or bean bag and juggle	12 20 seconds each V sit hold Lateral Jumps Repeat X3	13 NO SCHOOL
16 FAMILY DAY	17 10 Frog jumps 10 High knees 20 Mountain climbers Repeat X 3	18 Plank Hold Let's get a baseline How long can the class hold a plank for?	19 10 squats 10 jumping jacks 10 toe touches Repeat X2	20 Seated Arm Drill "Hips to Lips" for 1 minute
23 10 Frog jumps 10 High knees 20 Mountain climbers Repeat X2	24 Squat touch the ground Jump up high (Squat Jump) X5 Jumping Jacks X 10	25 10 Skips 10 Gallops 10 Jumps 20 High knees	26 Squat jumps 5 Push ups 5 Twisties Repeat X 3	27 1 MINUTE! Side shuffle to the left 3 steps Jump shot Side shuffle to the right 3 steps
Notes:				2026



Bowen Library: Spring Break STEAM Club
Ages (6-10)

Learn new skills, make something new! We'll explore a new STEAM activity every session, with time to practice and explore science, arts & technology.

March 26, 10:30 am-11:30 am in the Library Annex. Please register at: bipl.ca/steam

Registration Required!
Register Here



BOWEN ISLAND LIBRARY
books & beyond...



bipl.ca/steam
(604) 947-9788
info@bowenlibrary.ca



SPRING ADAPTIVE SOCCER PROGRAM FOR NEURODIVERSE PLAYERS

10 Week Program on Thursdays from 3:45-4:45 PM

April 9th is the first session!
For ages 5 to 16

Location: Ambleside Field D

Register Here

Free Jersey Included with Registration fee

Our Adaptive Soccer Program is designed especially for neurodiverse players who are eager to explore the game of soccer in a fun, welcoming, and supportive environment. Whether a player is brand new to organized soccer or has some experience, everyone is encouraged to join, learn, and grow. The program is open to players aged 5 to 16.



BOWEN ISLAND LIBRARY
books & beyond...

Literacy Workshop for Parents

Supporting Readers Today for Academic Success Tomorrow

Discover practical ways to support your child's literacy and language development at home and in the community.

In partnership with the Bowen Island Public Library, this engaging session will share strategies, local resources, and ideas to help foster a lifelong love of reading.

Presenters:

- Mary Parackal, Vice Principal of Early Learning – West Vancouver Schools
- Michelle LaBounty, District Principal of Teaching & Learning – West Vancouver Schools
- Tricia Yurkowski, District Foundational Skills Enhancement Teacher
- Kelly Woods, Children and Youth Services Coordinator, Bowen Island Public Library

Register here!

March 11th 2026
6 pm
Bowen Island Public Library



February 18, 2026

Dear Parents and Caregivers:

As we continue to support the community of Tumbler Ridge, I know that school safety is weighing heavily on many of your minds. As a mom, I feel it too. Every single day our children walk out the door, we just want to know that they will be okay.

What happened was devastating. Our hearts are with the entire Tumbler Ridge community. Every school district has a Safe School Coordinator, as required by the Ministry of Education and Child Care, who leads district-wide safety planning, including detailed safety protocols and regular lockdown drills. Districts also receive ongoing provincial support, expert guidance and comprehensive training to help ensure strong, consistent safety practices across all schools. Schools across British Columbia are safe places for parents to send their kids to and for students to learn in.

While nothing can lessen the pain of what occurred, I am deeply grateful that the safety procedures in Tumbler Ridge, alongside the quick, courageous actions of all teachers, school staff, and students, prevented the situation from being far worse.

Districts and schools have emergency responses in place, and staff are trained to initiate them when needed. This kind of planning and practice happens in communities across the province. It is taken seriously, reviewed regularly, and designed to protect students and staff should the unthinkable occur.

The Ministry of Education and Child Care works closely with the Ministry of Emergency Management and Climate Readiness and Safer Schools Together—provincial experts in prevention, crisis, and trauma response—to provide school districts with clear guidance and ongoing support for their safety planning. This coordination ensures that schools are prepared and that best practices are shared province-wide.

I also know that many of you, and your children, have questions about what happened. Some kids may be feeling anxious or may want to talk about their own safety. It is normal for children to experience emotional reactions after hearing about or experiencing a traumatic event—even when they remain safe. Parents can watch for signs that a child may need extra support, such as worry or fear about safety, trouble concentrating, sadness, withdrawal or increased irritability, shifts in sleep or appetite, and physical complaints like headaches or stomach-aches.

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If you are looking for support on how to have these difficult conversations in an age-appropriate and trauma-informed way, resources are available on the [Expect Respect and a Safe Education \(erase\) website](#) and on this dedicated provincial [website to support people through the Tumbler Ridge tragedy](#).

I also want to acknowledge the heightened anxiety many 2SLGBTQIA+ students, staff, and families are feeling amid the rise in harmful rhetoric. Schools must continue to be safe, welcoming places where every student belongs. If your child or someone you know experiences threats or harassment, please use the [Report It tool](#) and connect with a teacher, principal, or school staff member.

At a time when British Columbians are coming together to support a grieving community, it is unacceptable to use this tragedy to target and harm vulnerable children.

You will have likely heard from your local school district with a further safety update. In the meantime, please contact your school principal if you have questions about safety protocols in place at your school.

We will continue working to ensure our schools remain places of safety, care, and belonging for every student.

Sincerely,



Lisa Beare
Minister