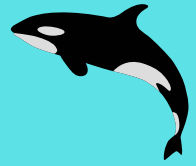




BICS THIS WEEK

September 29 - October 3, 2025



The Week Ahead

Monday

- Orange Shirt Day

Tuesday

- Truth and Reconciliation Day
- School not in Session

Wednesday

- Physical literacy assessments

Thursday

- Grade 6/7 Band
- Division 1 and 2 to Killarney Lake

Friday

- World Teacher's Day recognized at BICS



 **WE ARE...**

connected

confident

curious

compassionate

Upcoming Events

- Oct 7th Cross Country meet #3
- Oct 8th Early Dismissal at 12:20 PM for Parent Teacher Conferences (sign up information to come next week)

Vacations during school time

Families may choose, for a variety of reasons, to travel during the school year. Teach

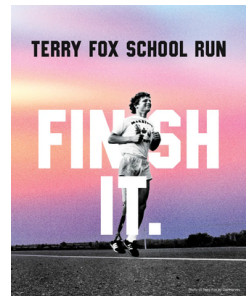
Terry Fox Run Success

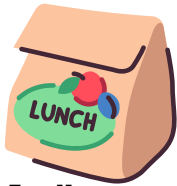
Congratulations to all our Seawolves for carrying on Terry's legacy of determination, resilience, and caring for others. With the guidance of Ms. Towne, Ms. Stevenson, and Ms. Gleason, student leaders led our assembly and cheered as most of our students ran more than 2km. Everyone tried their best and helped others keep going. Way to go, Seawolves!

**THANKS TO OUR PARENT
VOLUNTEERS FOR SUPPORTING
THE RUN!**



WE RAISED OVER \$3800!





Hot Lunch Term 1 2025 : October 17 - December 12

****Please read before ordering****

What is Hot Lunch?

For those new to BICS or to hot lunch, this is an amazing program that allows the BICS Parent Advisory Council (PAC) to fundraise in a significant way. This program also allows parents a reprieve from making lunch on select Fridays throughout the year. For our kids, it's a warm and delicious meal served through the rainy season that they love!

Is Hot Lunch a Fundraiser?

Yes. Last year, the PAC was able to bring in over \$20,000 in proceeds from hot lunch. It is the PAC's largest fundraiser! These funds allow the PAC to enhance the Bowen Island Community School experience with initiatives such as: increase individual teacher budgets for classroom expenses, offer funds for class field trips that might otherwise be too expensive on a per child basis and earmark for capital projects like the replacement of the BICS kitchen and tennis courts. Teachers, school administration and club/sports coaches are also welcome to reach out to the PAC for project grants. This is a great program that we would love to keep running for our kids and community!!

For example, The PAC proudly sponsors lunch for students who need support. If you would like a sponsored lunch for your child to be part of the hot lunch program please contact Casey Grundy, Cgrundy@wvschools.ca.



How Does Hot Lunch Run?

With parent and community volunteers. Will it run if we don't get enough volunteers? No, it won't. **The only way the program runs is with parent/grandparent/community support and participation.**

Last year the hot lunch program was consistently in desperate need of volunteers. As a result, this year, the PAC will be looking to alternatives to keep this program sustainable. This may include: cutting out a treat option as it eliminates the need for a baker, shifting from reusable to disposable plates/cutlery (sorry planet), limiting the number of Fridays hot lunch is offered and additionally, making specific divisions responsible for hot lunch on designated days. These are not moves we particularly want to make but we also recognize it is unfair to burnout repeat volunteer dishwashers, packers, cooks when only one person signs up to help.

Please consider booking some time now to assist with hot lunch as you sign your child(ren) up for this program. Many hands make light work. If every parent who signed their child up did one Hot lunch shift per term, this program would be fully staffed for volunteers. Text a friend and sign up to wash dishes one afternoon in November! We have a good time! Shifts are generally 1-2 hours and you can pick one that suits your Friday schedule. If volunteers are too hard to come by this year, the hot lunch program is very much in question of not running after this term. Cancelling the program will be the result of no volunteers and we don't want to end up there. Please help and use the Volunteer link below to sign up for a shift.

ORDER DEADLINE: Oct 14, 2025 - Lunches will not be available to order after this date. Please be sure to order in the link below BEFORE this date.

HOT LUNCH VOLUNTEER SHIFT: [VOLUNTEER LINK](#)





Parent's Guide to Discord



General Information

Discord is a communication platform that allows users to interact via text, voice and video. It was initially used by gamers but now has spread to many other groups.

13

Discord's own policy states that users must be 13 or older. For a person who is younger than 13 to create a Discord account, they have LIED about their age.

Unfortunately, students as young as 10 and 11 years have gotten caught up in cyber-bullying and inappropriate activities on Discord.

Public & Private Spaces

Discord has PUBLIC spaces (servers) that are available to all. Anything your child posts there can be seen by anyone. PRIVATE spaces are by invitation only.

Livestream

Users can stream live video of themselves on Discord, for others to watch. Whether they are on a PRIVATE or PUBLIC server, this could expose them to people they don't know. By watching other people's livestreams, they could be exposed to information that is inappropriate, violent or sexual in nature.

Did You Know?

In Canada, cyberbullying and child pornography can be criminal offenses. If your child participates in either of these, while using Discord (or other social media), you, as the parent, can be held liable for what they have done, and be prosecuted by law.

Discord at School

West Vancouver Schools DOES NOT allow students to access Discord while using school wifi.



If your child is under 13

- They SHOULD NOT be using Discord.
- As soon as they enter school grounds, their phone should be put away and not brought out again until they leave school grounds
- Consider holding off on getting them a phone as long as possible and if you do get them a phone, make sure you establish rules and guidelines over its use.

Did you know?

- DM refers to a private discussion with a certain person on Discord.
- GDM refers to a group messaging situation of up to 10 invited people. Be aware that because of the limit, users can end up feeling left out if they are outside of the 10.
- Through Discord, students can end up being exposed to inappropriate content, cyberbullying and unknown contacts.
- Gamers still make up the lions share of Discord participants. Online gaming is one of the main ways predators groom their victims.

If your child has Discord

- Make sure they are old enough to be on it - remember, at least 13!!
- Users are able to BLOCK and REPORT other users who are not following community guidelines. Make sure your child knows how to do this.
- Talk to them about their Discord use on a regular basis - find out what they're doing and who they are communicating with.
- Familiarize yourself with all of the safety settings and features then talk to your child about online safety and your family values and rules.
- Remember, YOU are the adult! If your child is not using Discord safely, you can shut off their data or wifi.

K registration for the 26/27 year opens on Wednesday, October 15th, 2025

Kindergarten Information Session



WEST VANCOUVER SCHOOLS

A world of opportunity

WELCOME TO YOUR FUTURE

Opportunity awaits!

Parents & Guardians of children entering Kindergarten in September 2026 (children born in 2021) are invited to join us for our K info session.

Please join us for an evening with our school district staff to learn about the Kindergarten registration process and how West Vancouver Schools is committed to excellence—focusing on life skills for an ever-changing world.

This event is for parents and guardians only, please note that child care will not be available.

PLEASE REGISTER HERE

Date: Thursday, October 9th, 2025 6:00–7:00 pm

Location: Kay Meek Studio Theatre,
1700 Mathers Avenue, West Vancouver

www.wvschools.ca





First Tee Lesson Sessions

Price: \$0.00 - FREE!

Location: The TK Centre

Age: 7 - 9

Dates: Sept 30th, 2025 - Nov 4th, 2025

Days: Tuesday

Time: 4:30 PM - 5:30 PM

Age: 10 - 12

Dates: Sept 30th, 2025 - Nov 4th, 2025

Days: Tuesday

Time: 5:45 PM - 6:40 PM



Please contact Colin Lavers at colin@bowengolf.com for information on programming for ages 13+

Group and private sessions available