

BICS THIS WEEK

October 13-17 2025



The Week Ahead

Monday

• Thanksgiving Monday- School Not in Session

Tuesday

- Foundational Skills Assessments for Grade 4 and 7 students
- Order deadline for Hot Lunch
- Indigenous Families Gathering @ 2:45pm
- Cross-Country Meet #3 @ Ambleside Beach 3:30pm

Wednesday

Thursday

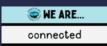
• Shake Out BC Earthquake Drill

Friday

- Foundational Skills Assessments for Grade 4 and 7 students
- Hot Lunch

Upcoming Events

- Tuesday Oct. 21st and Thursday Oct 23rd Division 3, 4, 5 Cycling
- Tuesday Oct. 21st Division 1 Community Service
- Tuesday Oct. 21st Volleyball Game #1
- Thursday, Oct. 23rd- Division 2 Bowen Island Museum
- Friday, Oct. 24th Professional Development Day- School Not in Session
- Monday Oct. 27th Division 2 Curling
- Tuesday Oct. 28th Photo Retakes
- Tuesday Oct. 28th Volleyball Game #2



confident

curious



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compassionate

Parent-teacher conferences

Thank you to families who made the time to connect with teachers this week for parent-teacher conferences. We value your input and enjoy working together to support your children. If you were unable to meet this week, please reach out to your child's teacher to arrange a time that is convenient.

School Photos are available

Please visit this link to access the gallery: https://vando.imagequix.com/K9L3W9Z
The login code to access your images is or

The login code to access your images is on the yellow QR flyer your child was given on photo day.

Missing your login code? No problem!

- Visit https://www.mountainwest.ca/support-for-families
- 2. Enter the information required

West Vancouver Schools Admissions

Admissions for the 2026/2027 school year begins on Wednesday, October 15th at 8:00 am for all Kindergarten students and all Grade 1 –12 In-catchment students. Admissions for Out-of-Catchment and Out-of-District students opens at 8:00 a.m. on Thursday, January 15, 2026.

For more information about admissions processes, dates, guidelines, and requirements, please visit <u>our website (https://westvancouverschools.ca/admissions/).</u> Please carefully read the information regarding documentation procedures before starting the application process.



BICS PAC General Meetings
Wednesday, 15 October 2025 @7:30pm
Wednesday, 19 November 2025 @7:30pm
Wednesday, 14 January 2026 @7:30pm
Wednesday, 11 February 2026 @7:30pm
Wednesday, 15 April 2026 @7:30pm
Wednesday, 13 May 2026 @7:30pm

June - AGM TBD.
Meet in the Library



Hello Families!

Exciting news! Your online gallery from your school photo session is now live!

- Please visit this link to access the gallery: Click Here
 - (https://vando.imagequix.com/K9L3W9Z)
- The login code to access your images is on the yellow QR flyer your child was given on photo day. Please check with them.
- Any active email address can be used to log in.
- Your order deadline is: October 24, 2025
- All orders will be shipped to the school. If you miss the deadline, your order will be shipped with your school's Catch Up Photo Day orders at no extra cost; however, this will take 3-5 weeks.

Missing your login code? No problem!

1. Visit

https://www.mountainwest.ca/support-for-families

- 2. Enter the information required.
- 3. Your code will be emailed within 1 business day.

Catch Up Photo Day:

- Did you miss the first photo day, or do you need a retake? Retakes are offered for expression, poor posture, or head tilt; not for personal style changes (ie, change of clothing or hair). Please note that all glass glare is removed on final prints.
- If you would like your photo taken, we will be at your school on October 28, 2025
- <u>Click Here</u> to sign up. The cutoff to sign up is October 26, 2025

<u>Click here</u> to find out more about

ordering.

Phone: 1.888.644.4494

Email: help@mountainwest.ca

DPAC parent evening with Dr. Molly Lawlor

Equipping the Whole Child for Life: Helping kids build strong friendships, manage big feelings and bounce back from challenges—using brain science and mindfulness to support learning and growth.

Monday, October 20th

Join us for an evening with Dr. Molly Lawfor—who helps children and teens learn how to understand their feelings, build confidence and form healthy relationships. She is the lead author and Principal Scientific Advisor for MindUP—an evidence-based program that teaches kids how their brains work and gives them tools to manage emotions and thrive in school and life.

REGISTER HERE

What You will Gain From This Evening



Understand

Parents will gain an encouraging new view of adolescence as a time of opportunity and growth, not just stress or risk



Learn

Parents will leave with simple, everyday strategies to help their child handle stress, big emotions, strengthen friendships and feel more ready to learn.

KAY MEEK THEATRE 6:30 -1700 MATHERS AVE 8:00 PM WEST VANCOUVER



VANCOUVER DPAC



A HUGE HEARTFELT THANK YOU

to all the parents who stepped up and volunteered for the hot lunch program. If any parents are still interested, we have room to fill a few more volunteer opportunities!

Hot Lunch Term 1 2025: October 17 - December

12

Please read before ordering

What is Hot Lunch?

For those new to BICS or to hot lunch, this is an amazing program that allows the BICS Parent Advisory Council (PAC) to fundraise in a significant way. This program also allows parents a reprieve from making lunch on select Fridays throughout the year. For our kids, it's a warm and delicious meal served through the rainy season that they love!

Is Hot Lunch a Fundraiser?

Yes. Last year, the PAC was able to bring in over \$20,000 in proceeds from hot lunch. It is the PAC's largest fundraiser! These funds allow the PAC to enhance the Bowen Island Community School experience with initiatives such as: increasing individual teacher budgets for classroom expenses, offering funds for class field trips that might otherwise be too expensive on a per-child basis and earmarking funds for capital projects like the replacement of the BICS kitchen and tennis courts. Teachers, school administration and club/sports coaches are also welcome to reach out to the PAC for project grants. This is a great program that we would love to keep running for our kids and community!!

For example, the PAC proudly sponsors lunch for students who need support. If you would like a sponsored lunch for your child to be part of the hot lunch program, please contact Casey Grundy, Cgrundy@wvschools.ca.

How Does Hot Lunch Run?

With parent and community volunteers. Will it run if we don't get enough volunteers? No, it won't. **The only way the program runs is with parent/grandparent/community support and participation.**



Last year, the hot lunch program was consistently in desperate need of volunteers. As a result, this year, the PAC will be looking for alternatives to keep this program sustainable. This may include: cutting out a treat option as it eliminates the need for a baker, shifting from reusable to disposable plates/cutlery (sorry planet), limiting the number of Fridays hot lunch is offered and additionally, making specific divisions responsible for hot lunch on designated days. These are not moves we particularly want to make, but we also recognise it is unfair to burn out repeat volunteer dishwashers, packers, and cooks when only one person signs up to help.

Please consider booking some time now to assist with hot lunch as you sign your child(ren) up for this program. Many hands make light work. If every parent who signed their child up did one Hot lunch shift per term, this program would be fully staffed for volunteers. Text a friend and sign up to wash dishes one afternoon in November! We have a good time! Shifts are generally 1-2 hours, and you can pick one that suits your Friday schedule. If volunteers are too hard to come by this year, the hot lunch program is very much in question of not running after this term. Cancelling the program will be the result of no volunteers, and we don't want to end up there. Please help and use the Volunteer link below to sign up for a shift.

ORDER DEADLINE: Oct 14, 2025 - Lunches will not be available to order after this date. Please be sure to order in the link below BEFORE this date.

HOT LUNCH VOLUNTEER SHIFT: VOLUNTEER LINK

