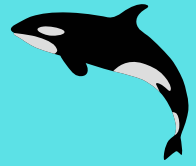




BICS THIS WEEK

May 12-16, 2025



Highlights

Monday

- Vision screening K & 1

Tuesday

- Fire Drill 12:05

Wednesday

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Thursday

- Jump Rope for Heart ❤️ and Ferry Schedule Change

Friday

- Professional Development Day (school not in session)

Upcoming Events:

- May 19th: Victoria Day (school not in session)
- May 21st: Divisions 3 and 7 to Dr Sun Yat Sen Gardens
- May 22 and 23rd: (2:45-4:00 pm)
 - Get your bike ready for bike to school week with a maintenance workshop thanks to Bowen E-bikes & the RCMP.
- May 22nd: PAC AGM
- May 26th: BILTG & PAC Parent Speaker: Dr. Vanessa Lapointe
- May 27th: Division 1 to Children's Festival
- May 28th: Division 8 & 9 to Children's Festival
- May 29th: Science Fair & Balloon Car Challenge
- May 31st: Bowen Island Children's Fair
- June 2-6th: Bike to School Week

WE ARE...

connected

confident

curious

compassionate

Staffing announcement

It was announced today that Ms. Ohlhauser will be leaving BICS at the end of this school year, moving to Vice Principal at Chartwell Elementary School. We will certainly miss Ms. Ohlhauser's energy, enthusiasm and musical production talents! Ms. Erin Gleason will be joining BICS as our new Vice Principal. Ms. Gleason is currently the Vice Principal at Ecole Cedardale in West Vancouver and we look forward to welcoming her to the BICS community! We will find time in the coming weeks to say thank you to Ms. O for her three years of care and connection with students and families at BICS.

Jump Rope for Heart ❤️

Families and students are invited to donate to our fundraiser for the Heart & Stroke Foundation. We will be jumping on Thursday, May 15th. There are exciting prizes to be won for jumping the longest as a class, as an individual, and for reaching our fundraising goals! The link for the fundraiser page is:

<https://jumpropeforheart.crowdchange.ca/88687> and can also be found on the attached PDF for live links.

Parent Education Night - Dr. Vanessa Lapointe

Beyond the Trends:
Parenting with Confidence

a session with child expert,
Dr. Vanessa Lapointe,
providing tools to
help raise resilient kids!

Monday, 26 May, 2025
6:30 PM - 8:30 PM
Bowen Island Community Centre
\$10 fee or \$15 per couple
Register by clicking here

Dr. Vanessa Lapointe, a bestselling author, national speaker, and international speaker, has provided psychological to global parenting advice and over 30 years of experience, she has led The North Star Developmental Clinic, supporting families by helping adults view the world through children's eyes.

Children for children 8-9 years of age is available, offered in partnership with Bowen Recreation and the After School Club. Click on the link below to register.

Presented by **Decoda** Learning Solutions
In partnership with **BICS Parent Advisory Council (PAC)**
Sponsored by **BICS Parent Advisory Council (PAC)**

The BICS is a coalition of representatives from key community groups, including the Bowen Island School District, Bowen Island Community Health Centre, The Health, Arts and Bowen Island Museum and Archives, Bowen Island Community Health Centre, The Health, Arts and Bowen Island Museum and Archives, Bowen Island Community Health Centre, The Health, Arts and Bowen Island Museum and Archives, Bowen Island Community Health Centre, The Health, Arts and Bowen Island Museum and Archives.

Registration is open! Beyond the Trends: Parenting with Confidence, an evening with parenting expert, Dr. Vanessa Lapointe. Join Dr. Lapointe, on Bowen, Monday, May 26, to gain tools and insight as we move towards the goal of nurturing healthy, happy and resilient children. To register, visit: <https://parentingwithconfidence.bpt.me/>

Jump Rope for Heart is an event that brings kids across Canada together every year to build healthy habits for life.

Welcome to Jump Rope for Heart

Jump helps students learn:

- how to protect their heart and brain health
- the importance of helping others

all while skipping rope, being active, and practicing healthy habits to raise funds for Heart & Stroke.

Science Fair - Thursday, May 29th

Sign up for the Science Fair (May 29th - last date change we promise!) and the Family Balloon Car Challenge. Forms have been sent home with students.



Return to School September 2025

As the school year draws to a close and families begin to make plans for the summer and their return to school in September, please remember that all students are expected to be in attendance by Thursday, September 4th by 3:00 pm to confirm their space in their school.



PAC Fundraiser



Plant Sale: Looking to buy spring flowers, baskets, and veggie starters? Order from our Growing Smiles Fundraiser. Orders due May 9th with delivery on May 23rd!

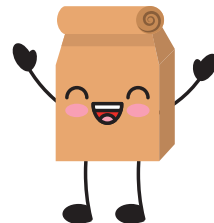


Plant Sale

Please Sign Up for HOT LUNCH Shifts

To keep this valuable fundraiser going, we need volunteers:

<https://signup.com/go/ZAmKoRG>



Hot Lunch Parent Volunteers may choose to receive a free hot lunch for one or two children on the day they volunteer. If you would like to take advantage of this perk, you can now select "Single Portion of Complimentary Lunch for Child of Parent Volunteer" or "Double Portion of Complimentary Lunch for Child of Parent Volunteer." This applies to the Hot Lunch that you are volunteering for.

A huge thank you to our fantastic parent volunteers who keep the hot lunch program running. There are lots of spaces to fill during hot lunch. It's a great way to meet people in our community and to be involved at the school! Bonus: The kids love seeing their parents in the kitchen! Sign up for hot lunch volunteering [here](#)!

Team Lead and Organiser, May 30th
Packer, June 13th
Dishwashers, every week

The PAC proudly sponsors lunch for anyone who needs support. If you would like your child to participate in the hot lunch program, please contact Carmen.



Bowen Youth Resilience Fund

If you need to talk to someone, don't know where to turn, or can't afford it, the BYRF can provide free support for counselling with a certified counsellor.

Available for Bowen youth and young adults the ages of 12 to 29 who are experiencing challenges with substance use, mental health, family conflict. Support may be provided to enable both youth and the parent or caregiver the youth to participate individually or together in counselling.

If you or someone you know needs any kind of assistance, please contact us for a free confidential enquiry

Contact:
YouthResilience@bowenfoundation.com



Grade 6/7 Band 2025-26 School Year

6/7 Band Registration for the 2025-26 School year is now open. In 2025-2026, the supplemental fees for the Band Program are: Until May 31: \$390; As of June 1: \$425

Learning an instrument in a collaborative environment fosters growth in many areas of social development such as cooperation, collaboration, open-mindedness, personal responsibility, self management and resilience. As we learn more about emotional intelligence and cognitive learning patterns, research has shown that studying music has a direct relationship to the measured success of student reasoning, creative thinking, decision-making, and problem solving. Visual and Performing Arts (Music, Dance, Drama, & Visual Arts) are an essential part of a student's education. West Vancouver embraces the arts through education, advocacy, and celebration. With support from administration, parents, and the musical talents of students, next year's grade 6 and 7 bands will provide a safe and positive learning environment that will challenge and further develop the musical skills of students. We are committed to providing quality Band instruction across the School District for the 2025/26 year.

To register, please visit:

<https://westvancouver.schools.ca/programs/elementary-band/>



🌱 Springtime Appetites Are Growing! 🌱

As spring approaches and energy increases, we've noticed many kids are hungrier throughout the day. Please consider packing extra food in their lunches, such as fruits, veggies, granola bars, and sandwiches, to keep them fueled and focused.



Thank you
for
supporting
our growing
learners!



Follow us



BICS has Instagram.
Follow us at **bics_45**