



BOWEN ISLAND COMMUNITY SCHOOL E-BULLETIN

BICS this Week: Feb 19-23, 2024

Please do not send your child to school with Pokemon cards. Several cards have gone missing or inadvertently traded and feelings are hurt. Thanks for your cooperation.

Healthy Lunch reminders – we've seen an increase in candy arriving at school for snack or lunch breaks. Please work with your child to choose healthy options.

Monday

- Family Day – school not in session. Have a safe and happy holiday!

Tuesday

- Spirit Wear Day: wear your BICS Spirit Wear to support our Basketball teams
- Grade 6/7 Basketball Practice at lunch
- Gr 6/7 Basketball Games after school: Boys at Home, Girls at Gleneagles

Wednesday

- 5-6:30pm PAC Meeting and Roundtable World Cafe; babysitting provided

Thursday

Friday

- 1:10 pm ArtStarts performance

Interested in helping out at BICS:

- Scholastic Book Fair: We have secured a date for a possible Scholastic Book Fair from April 22-25th. We need parent volunteers to make this happen.
- Volunteer readers are needed in classrooms and during lunch. Help support our FESL goal of literacy!

To volunteer for either of the above opportunities, please contact Principal Laura Magrath (lmagrath@wvschools.ca).

Upcoming dates:

- February 26th: Division 4 Field trip
- February 28th: Pink Shirt Day; Girls Basketball Tournament
- February 29th: Boys Basketball Tournament
- March 8th: Grade 6 Math Fair field trip
- March 12th: Science Fair – during the day and from 3-4:45pm. See email for details
- March 15th: Learning Updates shared with families; Regular dismissal prior to Spring Break
- April 2nd: Return to school following spring break

Virtual Session with Dr. Hayley Watson

The Ministry of Education and Child Care, in partnership with adolescent Clinical Psychologist, Dr. Hayley Watson, will be hosting free virtual sessions on youth substance use for parents/guardians, caregivers and caring adults. Dr. Watson will provide valuable insights, practical tips, and resources to equip participants with the tools needed to guide their children and youth toward making positive choices when it comes to substance use. Please see attached flyer.

Key Takeaways for Participants:

- Learn why children/teenagers are drawn to substances.
- Understand what causes and maintains substance use disorder and needs.
- Increase your child's ability to make positive choices about substances.
- Acquire practical conversation tools for discussing substances in the home.