


## BICS THIS WEEK: Jan. 30-Feb. 3, 2023

The Week Ahead	
Monday	<ul style="list-style-type: none"> <li>12:20 PM, Junior Choir</li> <li>12:20 PM, Boys Basketball Practice</li> </ul>
Tuesday	<ul style="list-style-type: none"> <li>12:20 PM, Girls Basketball Practice</li> <li>Basketball: Boys at West Bay; Girls at BICS</li> </ul>
Wednesday	<ul style="list-style-type: none"> <li>7:45 AM, Girls Basketball Practice</li> <li>1:05 PM, Screening of <a href="#">Uncharted Waters</a> for Grade 6-7s</li> </ul>
Thursday	<ul style="list-style-type: none"> <li>8-8:30 AM, Grades 4-6 Multisport Open Gym</li> </ul>
Friday	<ul style="list-style-type: none"> <li>7:45 AM, Boys Basketball Practice</li> <li>9:45 AM-10:15 AM, School-Wide Read + Leadership</li> <li>12:20 PM, Senior Choir</li> </ul>

Information, Requests, Reminders	
Lost and Found	<p>The Lost &amp; Found is getting too large to store and display items so volunteers will be clearing it out at the end of the week. If your child is missing something, please come to the downstairs foyer outside of the gym at anytime to have a look before week's end.</p> <p>Please also ensure your child's items are labelled. This can sometimes lead to a quick return, and easier identification for items that still land in the Lost &amp; Found. <a href="#">Mabels Labels</a> is a good company for this with partial proceeds returning to BICS.</p>
Reminder: Vision Health for Children	<p>Vancouver Coastal Health is encouraging families to see an optometrist regularly for the health of their children's eyes and to support learning and development. When vision problems are found early, it is often possible to correct them or prevent them from getting worse. All children should see an optometrist before kindergarten, to start school ready to learn. For more information about how and why to book an appointment, <a href="#">click here</a>.</p>
	<p><b>Learning Highlight: A Trip to Cypress</b> Some of our Kindergarten and Grade 3 students travelled to Cypress last week to enjoy snowshoeing! While frequent snowshoe maintenance was required, fun was had by all.</p>

<p><b>Help prevent the Spread of Communicable Diseases</b> <a href="#">Click here</a> for information from Vancouver Coastal Health about when to keep your child home from school.</p> <p><a href="#">Click here</a> for information about Health Checks including symptoms of illness.</p> <p><a href="#">Click here</a> to access the COVID-19 Self-Assessment Tool.</p>
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