



## BICS THIS WEEK: January 23-27, 2023

The Week Ahead	
Monday	<ul style="list-style-type: none"> <li>12:20 PM, Junior Choir</li> <li>12:20 PM, Boys Basketball Practice</li> </ul>
Tuesday	<ul style="list-style-type: none"> <li>12:20 PM, Girls Basketball Practice</li> <li>12:20 PM, Student Council (Library)</li> <li>1:20-2:00 PM, Grade 7-8 Rockridge Presentation (at BICS)</li> </ul>
Wednesday	<ul style="list-style-type: none"> <li>7:45 AM, Girls Basketball Practice</li> </ul>
Thursday	<ul style="list-style-type: none"> <li>8-8:30 AM, Grades 4-6 Multisport Open Gym</li> </ul>
Friday	<ul style="list-style-type: none"> <li><b>Professional Development Day; School not in session</b></li> </ul>

Information, Requests, Reminders	
Vision Health for Children	Vancouver Coastal Health is encouraging families to see an optometrist regularly for the health of their children's eyes and to support learning and development. When vision problems are found early, it is often possible to correct them or prevent them from getting worse. All children should see an optometrist before kindergarten, to start school ready to learn. For more information about how and why to book an appointment, <a href="#">click here</a> .

### Learning Highlight: Grade 5 Leadership

Students throughout intermediate Grades are offered leadership opportunities but



we are focusing in particularly in supporting our Grade 5s with their leadership skills and to take on service projects within the school. Projects range from organizing activities such as floor hockey and soccer to offering puppet shows for primary students, to helping staff as tech crews and assistants. Recently a group of Grade 5s wanted the school grounds to be cleaner and not only did they help with this but convinced the entire class to help out and unfortunately, as a busy school and community school, found a lot of garbage around. Further

updates on leadership initiatives will be given throughout the year.

### Help prevent the Spread of Communicable Diseases

[Click here](#) for information from Vancouver Coastal Health about when to keep your child home from school.

[Click here](#) for information about Health Checks including symptoms of illness.

[Click here](#) to access the COVID-19 Self-Assessment Tool.