



BICS THIS WEEK: September 26-30, 2022

The Week Ahead	
Monday	<ul style="list-style-type: none"> Individual Photo Day 12:20 PM, Junior Choir, Grades 3-5, in the MOD
Tuesday	<ul style="list-style-type: none"> 3:30-4:30 PM, Cross Country Meet at Ambleside 6-7 PM, PAC Meeting, BICS Library
Wednesday	<ul style="list-style-type: none"> 11 AM – 12 PM, Terry Fox Assembly and Run 12:45 PM, Grade 6-7 Band
Thursday	<ul style="list-style-type: none"> Orange Shirt Day 12:20 PM, Cross Country Running Practice 12:45 PM, Grade 6-7 Band Last Day to Order BICS Swag!
Friday	<ul style="list-style-type: none"> School Not in Session – National Day for Truth & Reconciliation

Information, Requests, Reminders	
Individual Photo Day	Students will have their individual photo taken on Monday, likely before lunch time. The photo company we use answers frequently asked questions here .
Terry Fox Run	We have participated in the Terry Fox Run for more than 30 years and are hosting this year's run this Wednesday. Please encourage your child to wear red and white and bring a toonie if you can. We will have a short assembly at 11 AM and then run either around the Doonbuggy Trail or down to the Meadow depending on age and whether students have completed their e-Forms authorizing walking field trips.
Orange Shirt Day	<p>We will recognize Orange Shirt Day on Thursday and all children, staff and families are encouraged to wear an orange shirt. This day, and the National Day for Truth and Reconciliation, is to honour the legacy of indigenous, inuit and Metis children in Canada who were taken from their homes and sent to residential schools between the 1830s and 1980s.</p> <p>The motto of Orange Shirt Day is <i>Every Child Matters</i>. At BICS, students will create mini paper shirts to underscore this idea, filling in the phrase, "Every child matters because _____," creating a montage of shirts for display in the school, and participate in age-appropriate learning about inclusion and, for older students, Residential Schools. Later this week, families will receive a list of resources (videos, books, etc.) that can be viewed at home on National Day for Truth and Reconciliation on Friday.</p>
BICS Swag	BICS Swag is still available but for only a few more days. We have a great selection of spirit wear and families are encouraged to have a look here .
Forms	It is important that families complete their e-Forms as soon as possible. E-Forms allow students (and therefore classes) to participate in walking field trips, and this will include our Terry Fox Run (this Wednesday) and a walking field trip to the

Snug Cove Fields on Monday, October 3rd, to participate in an outdoor Whale Day Assembly. We will be following up individually with families who have not completed e-Forms this week but hope families can complete them before then. Thank you!

Help prevent the Spread of Communicable Diseases

Staff, other adults entering the school, parents, caregivers, and students should not come to school if they are sick.

[Click here](#) for information about Health Checks including symptoms of illness.
[Click here](#) to access the COVID-19 Self-Assessment Tool.

Vaccine safety

Health Canada has a thorough approval process to make sure all the vaccines and medicines we take are safe.

- Vaccines are tested extensively before being approved for use
- Health Canada continues to monitor for vaccine safety
- No major safety concerns have been identified in the data Health Canada reviewed

Review Health Canada guidance on [COVID-19 vaccine safety and side effects](#). To date, 6 vaccines have been approved for use by Health Canada.



[Click on the image above to learn more about Immunizations.](#)