



WVS Premier Tennis Academy

2023-2024 Open House Information

Land Acknowledgement



We would like to acknowledge and thank the Squamish Nation upon whose traditional territory West Vancouver Schools reside.

We would like to express our gratitude to this Nation as we value the opportunity to learn and share educational experiences on this traditional territory.

What are WVS Premier Sports Academies?

- Academies are choice, fee-paying programs
- For students who have a keen interest, passion or strength in the sport
- Designed for students who are committed to work hard to move their skillset to the next level
- We work together in partnership with elite coaches in the community
- For participating for the full year, students receive course credits towards graduation
- The training environments are positive, challenging & fun for students



Welcome & Introductions



Mr. Nathan Klippenstein

WVS Teacher & Supervising Assistant Coach



Education

- Bachelor of Education, University of Winnipeg 1989
- Master of Education, ESL Curriculum & Humanities, University of Manitoba 2001

Teaching Experience

- Pembina Trails School Division, Winnipeg, Manitoba 1989 – Present
- Middle & Senior Years (English, Social Studies, ELL)

International Teaching Experience

- Linda Vista School, Blue Creek, Belize (1985-86)
- Tottori Technical High School, Tottori, Japan (1992-94)
- Technological Institute of Monterrey, Mexico City (1990-91)

Strengths

- Experienced in coaching Volleyball with Middle Years students
- 20 years' experience: Level 4 Volleyball Official
 - USport level – Canada West
 - Numerous National Age Class Championships
 - Many provincial tournaments



Paul Tornquist

Head Coach, WVS Premier Tennis Academy
West Vancouver Tennis Club (WVTC) Tennis Professional



WVTC Head Professional since 2012

25+ years coaching experience at various locations:

North Shore Winter Club

Tennis Academy in Delray Beach, Florida,
Vancouver Lawn Tennis & Badminton Club

Peter Burwash International Tennis
Management Company

Tennis Director at private clubs and resorts

Singapore, West Indies, British Virgin Islands,
New York, Florida, the Trivandrum Tennis Club
in India and the Martin Verkerk Tennis &
Events in Holland, former ATP top 10.

Paul has competed in the ITF Satellite Tournaments in
Europe

Certified yoga instructor

Passion and enthusiasm for the game of tennis which
he shares with every player he coaches and every
organization that he has been involved

Allan Chu

Assistant Coach

- Canada Certified Club Coach 1 since 1980
- Ongoing participation in national & international coaching workshops
- Experience & strength identifying inefficiencies in player stroke mechanics
- Creative in providing strategies for stroke correction in a fun and enjoyable manner
- Highly analytical; can explain various playing styles that would match an individual's strengths, leading to better overall performance
- Experience working in schools in PHE classes as well as WV & NV Recreation summer camps
- Immersed in tennis through his Club memberships, league team coordination & participation, and involvement in the role of official at major tennis events



General Concept

- Eligible if registered full time in any one of WVS 3 secondary schools: Rockridge, Sentinel or West Vancouver Secondary School
- Inclusive - designed for all WVS students
- Grades 8-12
- Open to all genders



The Academy Goals

- To help students further develop knowledge, skills and abilities in the sport of tennis
- Provide opportunities for students to reach their full potential both as tennis players & students
- Use feedback and encouragement to help students increase overall confidence & general self-esteem
- Provide a positive environment so that students not only enjoy participating, but also form great lifelong friendships
- Meet individual needs to motivate students to stay involved in the sport and to be active for life



Benefits of the Sport

The sport is accessible to all students

A safe, low impact sport for students

Builds the fundamental sport skills which is important as a key focus for the district is in the area of Physical Literacy

Improves hand-eye coordination

The sport is a great mind, body & soul sport!

Participating in this sport improves mental alertness, concentration, and sharpens overall reflexes



The Schedule & Sessions

September – April

Indoors: WVTC bubble
Tuesday, Wednesday, Thursday
Early Mornings
6:45 a.m. to 7:55 a.m.

May-June

Outdoors: Sentinel Secondary
Courts
Tuesday, Wednesday, Thursday
Early Mornings
6:50 a.m. to 8:00 a.m.





Tennis Academy

Training is before School Start Time

Tuesday, Wednesday, Thursday
Students must be able to arrive on time for school

	Monday Day 1	Tuesday Day 2	Wednesday Day 1	Thursday Day 2	Friday Day 1	Monday Day 2
Start Time 8:30 a.m. First Period	1	1	2	2	3	3
Break Time	Break	Break	Break	Break	Break	Break
Second Period	2	2	3	3	1	1
Break Time	Break	Break	Break	Break	Break	Break
Third Period	3	3	1	1	2	2
Lunch Time	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fourth Period	4	4	4	4	4	4

Components of the Program

Tactical
Technical
Physical
Mental

TACTICAL

The shot selections are based on the phase of play of the students.

The focus is to make the appropriate shot with the proper technique

Five phases of play:

Rally
Defensive
Forcing
Attacking
Counter-Attacking



Components of the Program

Tactical
Technical
Physical
Mental

TECHNICAL

- Grip for forehands
- Grip for 2-handed backhand
- Grip for 1-handed backhand
- Grip for volleys
- Grip for serving
- Impact points (ground strokes, volley and serves)
- Hitting zones



- Different stances: open, semi-open, neutral & closed)
- Rotation of body on ground strokes
- Unit turn on ground strokes
- Topspin
- Slice
- Serves
- Volleys

Components of the Program

Tactical
Technical
Physical
Mental

PHYSICAL

Strength
Flexibility
Speed
Endurance



Components of the Program

Tactical
Technical
Physical
Mental

MENTAL

- Focus
- Staying positive
- Determination
- Effort
- Sportsmanship
- Controlling negative & positive emotions
- Respect for peers
- Respect for coaches
- Respect for self



Daily Sessions

- General warm-up / tennis warm-up
- An explanation of the theme of the day
- Drills focusing on the theme
- Feedback/technical corrections by the coaching staff
- On-going match play sessions that focus on the skills learned that week
- Continuous feedback based on observations of the students as they make decisions during open play



Location

West Vancouver Tennis Club
821 -21st Street
West Vancouver
...Just north of the WV Recreation Centre



Transportation

- Students from all three schools are welcome to participate
- Parents are responsible for ensuring students arrive to the WVTC for the early training start time
- Parents also responsible for ensuring students arrive back to their home schools for school start time



Courses for Participation for the Full School Year



Grade 8:

Physical & Health Education 8

Grade 8 students are encouraged to take PHE 8 in the regular timetable as well because this provides them with exposure to other physical activity (cross training) as well allows for social connections with their peers.

Grade 9:

Physical & Health Education 9

Grade 9 students may take PHE 9 in the regular timetable but may opt to take a different elective.

Grade 10:

Physical & Health Education 10

Grade 10 students may take PHE 10 in the regular timetable or may opt to take a different elective.

Grade 11:

Fitness & Conditioning 11

Grade 12:

Fitness & Conditioning 12

Assessment & Evaluation

- On-going observation each session by the coaching staff
- Report cards issued 3 times per year
- Open-door policy
- Parents provided with ongoing communication or a virtual interview when requested



Clothing Kit

Mandatory Kit:

2 t-shirts
2 pairs of shorts
1 water bottle

Also required:

Tennis racquet
Appropriate footwear

*If returning each year, parents only replace items if required.



Parents of registered students will be informed when to order the clothing items online before the end of the current school year. Usually this is done in May.

Fees

September – June
Total fees: \$4000
\$400 per month x 10 months

Instruction 3 mornings per week
Professional Instructors
Outstanding facility use

In addition, parents must ensure the students are uniformly dressed
purchasing items in the mandatory clothing kit

Students are to come with their own
Tennis racquet & appropriate
footwear



Selection Process & Criteria

- ☐ Genuine interest or passion – sound reasons for applying
- ☐ Complete the Student Online Information form on the district website (<https://westvancouver.schools.ca/academies/tennis>)
- ☐ Upload with application, most recent report card
 - Show evidence (report card) of satisfactory to excellent work ethic
 - Show evidence (report card) or answers within the completed registration form:
 - Ability to work satisfactorily in classrooms academically
 - Ability to maintain satisfactory progress
 - Demonstrated good character: being responsible & respectful of each other AND within the facility as we are so fortunate to be training at WVTC
 - Ability to work well with others
 - Ability to follow the rules of a special program, as well as the mandatory health safety protocols
- ☐ Student participates in an on-court assessment.
- ☐ If selection confirmed, a commitment to participate for the full school year is required. More information provided by the Academy Office.



Thank You