WEST VANCOUVER SCHOOLS

A world of opportunity

BASKETBALL BC

WEST VANCOUVER SCHOOLS

PREMIER ACADEMY

Basketball

present

WEST VANCOUVER SCHOOLS PREMIER BASKETBALL ACADEMY

"A Basketball Development Partnership"

WHAT IS IT?

- An initiative between West Vancouver Schools and Basketball BC to provide basketball specific and off-court sport enhancement opportunities.

- A high level **teaching** and **learning** opportunity which allows students to come from different schools to train at one location, but maintain eligibility at home schools as per BCSS Eligibility rules.

- Preserving students' opportunity to participate in extra – curricular activities after school.

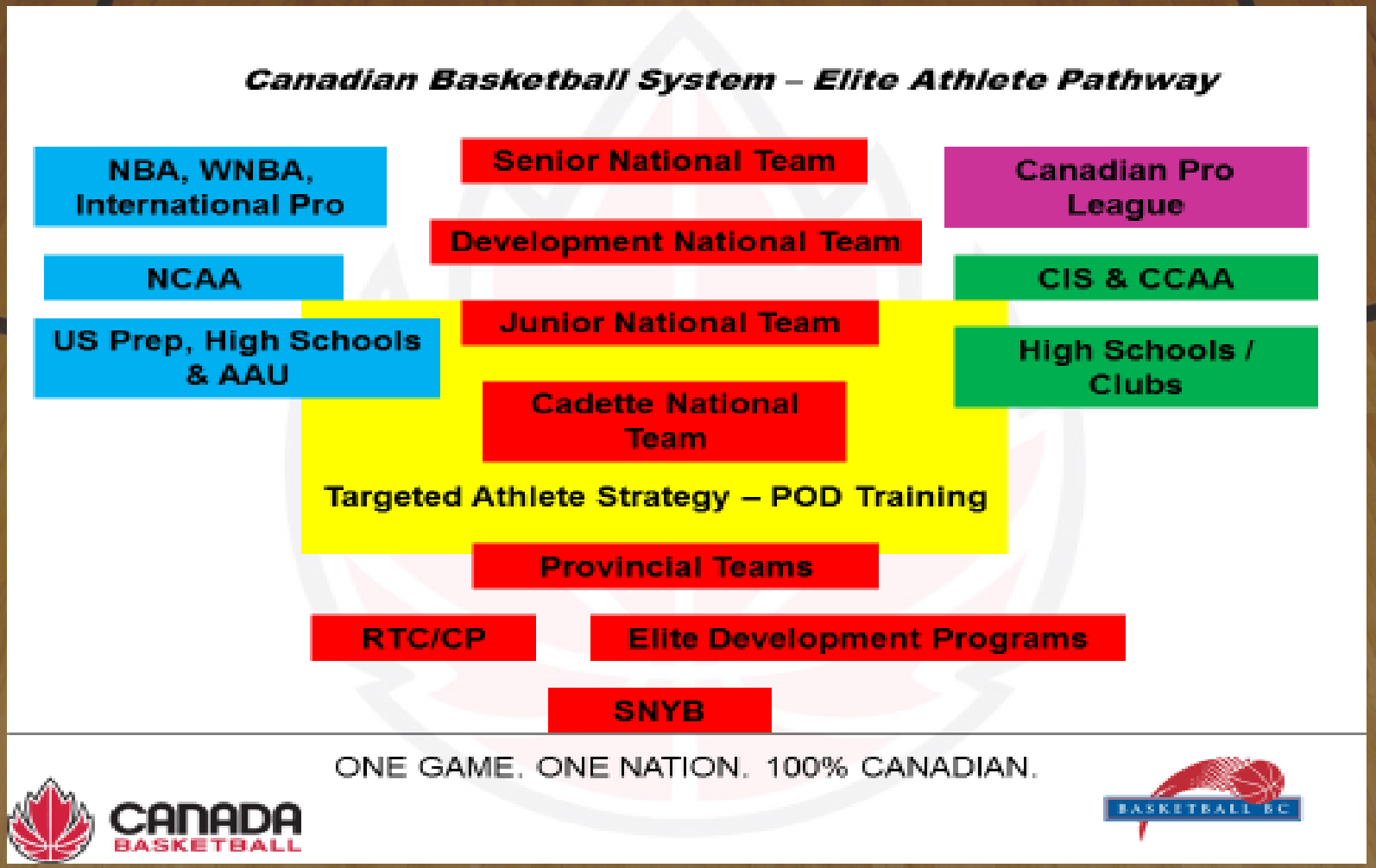
- To provide basketball training for students within the guidelines set by the BC Ministry of Education so students may receive course credit for Physical Education.

- To provide key fitness components such as strength, anaerobic, and flexibility training; movements skills, recovery, mental training and testing.

Benefits of Academy Training

- Athlete Focused
- Certified Coaching
- Basketball Specific Training
- Exposure to Latest trends and techniques
- Positive Competitive Environment
- Periodized Yearlong Training

Athlete Development



Athlete Development

A. WVSD Premier Basketball Academy

- WVSD grade 8 & 9 students only
- Gender blended cohort
- Canada Basketball – Train to Train model

B. North Shore RTC

- Grades 9-12 (North Shore/Vancouver Schools)
- Girls and Boys Cohorts
- Canada Basketball – Train to Compete Model

C. Canada Basketball – Center for Performance

- Provincial Based Elite Development Program

D. Canada Basketball

- POD training / National Programs (U17-Cadet, U19, SNT)

Targeted Athlete Strategy

- **A. WVSD Premier Basketball Academy**
  - WVSD grade 8 & 9 students only
  - Gender blended cohort
  - Canada Basketball – Train to Train model

B. North Shore RTC

- **Grades 9-12 (North Shore/Vancouver)**
- **Girls and Boys Cohorts**
- **Canada Basketball – Train to Compete Model**

C. Canada Basketball – Center for Performance

- Provincial Based Elite Development Program

D. Canada Basketball – POD training / National Programs (U17-Cadet, U19, SNT)

Head Coach Greg Meldrum

- WVSS Grad (1991)
- University of Victoria (1991-95) – All Canadian
- Professional (New Zealand, France, England, Spain)
- National Team (2002)
- Multiple North Shore and V & D Championships (BC Champion 2014)
- Founder – West Vancouver Basketball Club (focused on youth basketball development in the community)
- Advance basketball in the district and region
- Help players try to attain individual goals

Coach Ryan Lenarduzzi

- Handsworth Grad (2000)
- UBC Varsity Team (200-02)
- Capilano U Varsity Team
- WVS Premier Basketball Academy (Development) 2017-18
- Founder, Lenarduzzi Sports – Providing school based sports programming at North Shore schools.

Head Coach Kaitlyn Burke

- Argyle SS Grad (2006)
- BC Provincial Team Athlete
- Canada Basketball National Team Player
- Scholarship athlete (University of Nebraka)

- Founder of New Heights Basketball Academy

Schedule (Day 1 or 2 – 4)

Week 1:

- #1 On – Court: Individual skills
- #2 TWIST or Level 10 Fitness training
- #3 On – Court: Individual skills and Team Concepts

Week 2:

- #1 On – Court: Small Groups Tactical Play
- #2 On – Court: Individual Skills

<u>Objectives:</u>

- Refine individual basketball skills
- Expand conceptual understanding of basketball

<u>Typical Session could include:</u>

- Dynamic warm up, ball handing, shooting drills, transition drills, small-sided game like situations

Off Season Schedule

September 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
S M T W T F S 2 3 4 5 6 7 1/8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 **October 2016**				1	2	3
4	LABOUR DAY 5	SCHOOL OPENS 6	Day 1 – 1 2 3 4 7	Day 2 – 1 2 3 4 1:30 – 3pm RTC #1 @WVSS 8	Day 1 – 2 3 1 4 9	10
11	Day 2 – 2 3 1 4 1:30 – 3pm RTC #1 @WVSS 12	Day 1 – 3 1 2 4 13	Day 2 – 3 1 2 4 1:30 – 3pm RTC #1 @WVSS 14	Day 1 – 1 2 3 4 15	Day 2 – 1 2 3 4 1:30 – 3pm RTC #1 @WVSS 16	***WVSS 9am-12*** 17
18	Day 1 – 2 3 1 4 19	Day 2 – 2 3 1 4 1:30 – 3pm RTC #1 @ ***Level 10 Fitness*** 20	Day 1 – 3 1 2 4 21	Day 2 – 3 1 2 4 1:30 – 3pm RTC #1 @WVSS 22	PROFESSIONAL DEVELOPMENT DAY 23	24
25	Day 2 – 1 2 3 4 1:30 – 3pm RTC #1 @WVSS 26	Day 1 - 2 3 1 4 27	Day 2 – 2 3 1 4 1:30 – 3pm RTC #1 @ ***Level 10 Fitness*** 28	Day 1 – 3 1 2 4 29	Day 2 – 3 1 2 4 1:30 – 3pm RTC #1 @WVSS 30	October 1 ***WVSS 9am-12***

In-Season Schedule

WEST VANCOUVER PREMIER BASKETBALL ACADEMIES – *RTC #1*

January 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Winter Break 2	Day 2 – 1 2 3 4 1:30 – 3pm RTC #1 @WVSS 3	Day 1 – 2 3 1 4 4	Day 2 – 2 3 1 4 5	Day 1 – 3 1 2 4 6	7
8	Day 2 – 3 1 2 4 1:30 – 3pm RTC #1 @WVSS 9	Day 1 – 1 2 3 4 10	Day 2 – 1 2 3 4 1:30 – 3pm RTC #1 @WVSS 11	Day 1 – 2 3 1 4 12	Day 2 – 2 3 1 4 13	14
15	Day 1 – 3 1 2 4 16	Day 2 – 3 1 2 4 1:30 – 3pm RTC #1 @WVSS 17	Day 1 – 1 2 3 4 18	Day 2 – 1 2 3 4 19	DISTRICT PROFESSIONAL DEVELOPMENT DAY 20	21
22	Day 2 – 2 3 1 4 1:30 – 3pm RTC #1 @WVSS 23	Day 1 – 3 1 2 4 24	Day 2 – 3 1 2 4 1:30 – 3pm RTC #1 @WVSS 25	Day 1 – 1 2 3 4 26	Day 2 – 1 2 3 4 27	28

Evaluation

- Will be similar to high school PE classes
  - Psychomotor Domain
    - Demonstrated motor skill level and game skills
  - Affective Domain
    - Participation, effort, cooperation, fair play…
  - Cognitive Domain
    - Knowledge/ Understanding or concepts, rules, and strategies

2018 -19

- # WVS Premier Basketball Academy
- The program is open to male and female students in Grades 8-10 from Rockridge, Sentinel and West Vancouver Secondary Schools.
- Program Highlights
- Students remain at their home school
- Students are eligible to compete on sports teams for their home school
- Program is centrally located at West Vancouver Rec Center and WVSS
- Coaches: Ryan Lenaduzzi with support from Basketball BC and guest coaches
- Day 2- 4 including weekends in the fall and spring

- Cost: $1700 per year
- TRYOUTS: **Boys (7&8) Tuesday, March 6th – 6:00-7:30pm**
  Girls Thursday, March 8th– 6:00-7:30pm

2018-19 Program

- RTC Girls
- The program is open to male students in Grades 9-12 from ALL North Shore, Sea to Sky, and Vancouver Schools
- Program Highlights
- Students attend their home school
- Students are eligible to compete on sports teams for their home school
- Program is centrally located at West Vancouver Rec Center and WVSS
- Coaches: Kaitlyn Burke & Greg Meldrum with support from Basketball BC and district coaches
- Day 1-4 including weekends and in fall and spring

- Cost: $1700 per year
- TRYOUTS:

Girls Thursday, March 8th– 6:00-7:30pm

2018-19 Program

- RTC Boys
- The program is open to male students in Grades 9-12 from ALL North Shore, Sea to Sky, and Vancouver Schools
- Program Highlights
- Students attend their home school
- Students are eligible to compete on sports teams for their home school
- Program is centrally located at West Vancouver Rec Center and WVSS
- Coaches: Greg Meldrum & Ryan Lenarduzzi with support from Basketball BC and guest coaches
- Day 1-4 OR 2-4 including weekends and in fall and spring

- Cost: $1700 per year
- TRYOUTS:
- **Boys – Tuesday & Thursday March 6th & 8th– 7:45 – 9:15pm**

Next Steps

- Attend March Tryout @ WVSS
- ***Development*** **Boys (7&8) Tuesday, March 6th – 6:00-7:30pm**

  Girls Thursday, March 8th– 6:00-7:30pm
- ***RTC Boys*** **- Tuesday & Thursday March 6th & 8th– 7:45 – 9:15pm**
- ***RTC Girls*** **- Girls Thursday, March 8th– 6:00-7:30pm**
- March 12th - Cohort of 20-24 players invited with a waitlist. Complete registration with deposit ($700.00)
- Week of April 3rd – Cohorts finalized
- June 2018 – 2018-19 Calendar finalized
- September 2018 – Training begins

Frequently Asked Questions

Who is the program designed for?

The Development Academy targets students with some basketball playing experience coupled with a desire to improve at the game.

The RTC Program uses Canada Basketball's Targeted Athlete Strategy (TAS) to stream athletes by ability, readiness, and potential.

Are selections determined by tryouts?

Unless there is an exceptional circumstance, students must attend a tryout to be considered for the program.

If my child accepts a spot are they committed for the year?

Students who accept a position are expected to complete the program.

Frequently asked questions

Will my child receive course credit?

All students will receive an opportunity for PE course credit at their grade level at their home school.

Can my child participate on school teams during the school year?

Your child is strongly encouraged to participate on school teams in all school seasons.

What is the payment schedule?

A deposit of $700.00 to secure a spot. 10 * $100.00 monthly payments September 2018 - June 2019

Frequently asked questions

Can a grade 8 student (grade 9 in 2018) tryout for the Regional Training Center program?

Yes, with permission from the Program Director who will ask for a coach recommendation.

Will Academy Program compete against other programs

While the priority is not creating teams to compete, there may be opportunities to invite other Academy programs to train together if there is mutual benefit.

Q & A

WEST VANCOUVER SCHOOLS
PREMIER ACADEMY
Basketball

BASKETBALL BC