Thursday April 12th, 2018

If you have any questions or concerns please reply to this email.

CALENDAR UPCOMING:

April

3 First Day of Classes after Spring Break
19 Collaboration Time

May

7-18 AP EXAMS (See the calendar for course specific dates)
18 Professional Development Day (No Classes)
21 Victoria Day (Holiday)
24 Fine Arts "The Show" (see attachment)
30 Collaboration Day

June

14 Athletic Awards
16 Commencement
22, 25-27 Provincial Numeracy Assessment (Grade 11)
23 Grad Banquet
25 English 12 Provincial Exam 9:00 a.m.
26 Francais Langue Seconde Immersion 12 Provincial 1:00 p.m.
27 Communications 12 Provincial 9:00 a.m.
28 Report Card Pick Up
29 Administration Day (Staff Only)

THE SHOW! MAY 24 @ SENTINEL SECONDARY SCHOOL

Please join us on Thursday May 24th for a night of entertainment put on by the Applied Skills and Fine Arts Department at Sentinel Secondary School. This event will feature pop-up performances, art on display, a fashion show as well as a formal performance toward the conclusion of the evening.

5:30 p.m. to 6:15 p.m. Runway Fashion Show
6:15 p.m. to 7:30 p.m. Library: Art, Music, Fashion, & Woodwork Exhibit
7:30 p.m. to 9:00 p.m. Theatre: Drama, Dance, Choir, & Theatre Performance

The Textiles show originally slated for April 19 will be included in "The Show" on May 24.

DOMINICAN FUNDRAISER

SPRING PLANTS – Our annual spring fundraiser is back supporting our trip to the Dominican Republic, helping families experiencing extreme poverty!
Order form attached. Please ensure orders are returned to Angie Higgs, Room 207 or the office no later than 3pm April 26th.
Pick up will be on May 9th and 10th in Room 207 – just in time for Mother's Day planting or gifts!
Please contact Angie Higgs at ahiggs@wvschools.ca if you require further information.

GRADE 7 ORIENTATION MAY 28th (FRENCH IMMERSION) AND JUNE 5th

We are excited to have the Grade 7's join us to tour Sentinel, see some of the classes and share some lunch. **On May 28th, we invite French Immersion program students planning on entering grade 8 at Sentinel in the fall of 2018**. **On June 5 we invite the English program students.** The Orientation will start at 9:30am and finish at 12:30pm. For students in Sentinel's catchment, their elementary schools will organize this. Anyone out of catchment should contact the school.

PROVINCIAL NUMERACY ASSESSMENT FOR THIS YEARS GRADE 11 STUDENTS

New Curriculum Update - Numeracy Assessment for ALL Grade 11 students
Part of the New BC Graduation Program requires ALL students graduating in 2019 or later to write the new Provincial Numeracy Assessment prior to graduation. The assessment will include numeracy tasks embedded in real world situations. While the previous Grade 10 Mathematics examinations focused only on the content within the Grade 10 Mathematics curriculum, the new Numeracy Assessment is not tied to a specific math course. The Numeracy Assessment focuses more on students applying mathematical reasoning, understanding and insight across areas of learning. All Sentinel Grade 11 and any Grade 12 students that did not pass the Math 10 Provincial Exam will write the new numeracy assessment between June 22 -27, 2018. See the attached brochure for more information or check out this link for a more detailed look here.

VANCOUVER INTERNATIONAL UNIVERSITIES FAIR, APRIL 29

The **Vancouver International Universities Fair 2018**, a free event for students from grades 9 – 12, is taking place at the **Vancouver Convention Centre (West) on Sunday, April 29, 2018 from 1 – 4pm** with you. This is a great event for students to meet with university representatives from across Canada, the United States, the United Kingdom, and the world. Please find links to a **poster** and **postcard** to share with parents and students. Students are invited to **pre-register online** for this **free event**, and we encourage as many parents and students to take advantage of

this fantastic event. Students and parents will find the**speaker sessions** of interest and you will find a list of all the **participating universities** this year.
If you have any questions or need further information, please do not hesitate to get in touch with either **Nancy Cromarty** or **Kel McDowell**, Co-Chairs of the Vancouver International Universities Fair.

G.U.A.R.D.S.

Check out Sentinel's new value statements and more under the G.U.A.R.D.S tab at http://westvancouverschools.ca/ecole-sentinel-secondary/

DISTRICT HONOUR CHOIR INFORMATION SESSION. THURSDAY APRIL 12, 7 PM, WVSS LIBRARY

District Honour Choir is a choir course with two sections, a treble choir and a mixed choir, that offers an opportunity to challenge and extend the learning of West Vancouver Schools' finest young singers in Grades 7-12. See the attachment or read more about the program at http://westvancouverschools.ca/programs/honour-choir.

JAPAN EXCHANGE OPPORTUNITY

West Vancouver District students (grade 9-11) interested in a 2 month exchange for the coming school year are invited to submit an application to the International Programs office. This is an amazing opportunity for our students to gain global and cultural experiences with our sister school Mejiro located in Tokyo. This is a district sanctioned exchange and spaces are limited. We are looking for students who would be excellent ambassadors for our school district. Please see your counsellor for more information and the application form. You can also contact Crystal Tanfara, Vice-Principal of International Programs, at ctanfara@wvschools.ca.

2018 SATISFACTION SURVEYS

The West Vancouver School District is participating in the 2018 Ministry of Education Satisfaction Survey in cooperation with all other school districts throughout the Province.

Parents/guardians can complete the electronic anonymous Satisfaction Survey **any time between now and April 30th, 11:59 p.m.**, providing immediate feedback to the school and the district. The survey is available in English, French and 16 other languages. For more information about the survey please visit.

VANCOUVER COASTAL HEALTH INFORMATION

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The effects of nicotine exposure during youth and young adulthood can include lower impulse control and mood disorders. The brain is the last organ in the human body to develop fully. Nicotine exposure during periods of significant brain development can disrupt the growth of brain circuits that control attention, learning, and susceptibility to addiction. More info: https://e-cigarettes.surgeongeneral.gov/documents/2016_SGR_Fact_Sheet_508.pdf

There's a lot the e-cig industry isn't telling us about vaping. Kids who vape are 3x more likely to smoke cigarettes a year later. Youth and young adults are uniquely at risk for the effects of nicotine.
Not until one turns 25, on average, does their brain stop developing. Every time young people make memories or learn a new skill, their brain takes note quickly. Addiction is a form of learning; adolescents can then become addicted more easily.
More info: Still Blowing Smoke http://stillblowingsmoke.org

E-cigarettes users risk exposing their respiratory systems to potentially harmful chemicals in e-cigarettes. The Office of the Surgeon General shares an important message about the possible dangers of e-cigarette use by youth.
Know the Risks- E-Cigarettes and Young People https://e-cigarettes.surgeongeneral.gov

In Canada, it is illegal to make a health claim regarding an e-cigarette product's ability to aid in smoking cessation or to suggest that it is a safer alternative to smoking traditional tobacco cigarettes.
There are many unknowns about the product's long term safety and gateway potential for a new generation of tobacco and nicotine users.
More info: https://www.heartandstroke.ca/-/media/pdf-files/canada/position-statement/e-cigarettes-in-canada-factsheet-eng.ashx?la=en&hash=CF2ACB95B773952C9F596C2A24A15B4E9F94D9C1

Talk with Your Teen About E-cigarettes: A Tip Sheet for Parents https://e-cigarettes.surgeongeneral.gov/documents/SGR_ECig_ParentTipSheet_508.pdf

According to research youth who use a tobacco product, such as e-cigarettes, are more likely to go on to use other tobacco products like cigarettes.
E-Cigarette Use among Youth and Young Adults: a report of the Surgeon General https://e-cigarettes.surgeongeneral.gov/documents/2016_SGR_Fact_Sheet_508.pdf

Researchers are no closer to agreeing on whether e-cigarettes promote or undermine smoking cessation. E-cigarettes: Canadian Cancer
Society https://www.cancer.ca/~/media/cancer.ca/SK/prevention%20and%20screening/live%20well/ECigs_factsheet_FinalArtFeb2.pdf?la=en

e-cigarette can contain harmful and potentially harmful substances, including nicotine, heavy

metals like lead, volatile organic compounds, and cancer-causing agents. More info:https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm

YouTube Videos

E-Cigarettes: To Vape or Not To Vape? https://www.youtube.com/watch?v=_wAM3ql4HWs
Nicotine & Vaping: What Parents Need to Know https://www.youtube.com/watch?v=Fn1-qiTWPWk

For more resources please contact your school nurse Fara Lambing (RNC) at fara.lambing@vch.ca

ONLINE PAYMENT OPTION FOR FEES FROM LAST REPORT CARD

Fee statements were sent home with the last report card if students still had fees owing. Sentinel offers a secure and convenient method of paying student fees online - [westvancouver.schoolcashonline.com] **School Cash Online**. We hope all families take advantage of this convenient system to pay student fees. A unique PIN number was sent by email at the beginning of the school year with instructions on how to register for the School Cash Online. While registering you will be asked to input the surname and date of birth of your child(ren) and the PIN number. Families who registered for School Cash Online last year can continue using the system as last year. Please note that we will continue to accept cheques or cash for fees if those methods are preferred. If you do not have a PIN number please contact Ms. Carruthers by email at Acarruthers@wvschools.ca or call 604-981-1130.

ONLINE FORMS AND MEDICAL FORMS

It is imperative that the **online forms and medical forms** be completed as soon as possible. The **medical and emergency forms must be printed, completed and handed in to the office**. **If you do not complete these forms we may not have the necessary information in the event of an emergency.**

ONLINE FORMS FOR COMPLETION - MUST BE FILLED OUT FOR EVERY STUDENT!

THIS IS AN ACTION ITEM! PLEASE COMPLETE THESE FORMS ASAP!

http://westvancouverschools.ca/ecole-sentinel-secondary/parents/forms/ **(control click or paste**

DELETED YOUR SENTINEL E-BULLETIN?

All recent E-bulletins and Counsellor Bulletins can be found on our website under "Publications".
http://westvancouverschools.ca/ecole-sentinel-secondary/

SCHOOL CALENDAR 2017-2018

Please note: The one below is currently up to date. Some dates are not yet set, or are subject to change. Watch for updates in the newsletters.

4	Monday	**LABOUR DAY HOLIDAY**
5	Tuesday	**School Opens**
11	Monday	Photo Day
21	Thursday	Meet the Teacher Night
23	Friday	**PROFESSIONAL DEVELOPMENT DAY**

October

9	Monday	**THANKSGIVING DAY – STATUTORY HOLIDAY**
10	Tuesday	Photo Retake Day
20	Friday	**PROFESSIONAL DEVELOPMENT DAY**
23	Monday	**NON-INSTRUCTIONAL DAY - school not in session**

November

10	Friday	**PROFESSIONAL DEVELOPMENT DAY**
13	Monday	**REMEMBRANCE DAY (STAT IN LIEU) – STATUTORY HOLIDAY**
16-18		Graduation Photos at Artona

December

15	Friday	Term One Report Cards
22	Friday	**Last Day of Classes Before Winter Break**

January

8	Monday	**School Re-opens**
26	Friday	**PROFESSIONAL DEVELOPMENT DAY**

February

9	Friday	**DISTRICT WIDE READING BREAK**
12	Monday	**B.C. FAMILY DAY HOLIDAY - STATUTORY HOLIDAY**

March

7	Wednesday	**Multicultural Lunch**
16	Friday	**Last day of classes before Spring Break**/Term 2 Report Cards

April

3	Tuesday	**School Re-opens**

May

18	Friday	**PROFESSIONAL DEVELOPMENT DAY**
21	Monday	**VICTORIA DAY – STATUTORY HOLIDAY**

June

14	Thursday	Athletic Awards
16	Saturday	Commencement
23	Saturday	Graduation Banquet
28	Thursday	Report Card Pick Up
29	Friday	**ADMINISTRATIVE DAY – STAFF ONLY**

Athletics

For questions or concerns, please email Mark Fenn and Lara Winstone at: **sentinelathletics@wvschools.ca**

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