

**West Vancouver DPAC General Meeting
Inglewood Learning Centre
Wednesday, March 7, 2018**

School Attendance:

All West Vancouver parents and guardians are invited to General DPAC meetings. Please try to send at least one representative to meetings.

Representatives present from the following schools:

Rockridge	Pauline Johnson	WVSS
Irwin Park	Ridgeview	Hollyburn
West Bay	Chartwell	Cedardale
Westcot	Caulfeild	Gleneagles
Cypress Park	Bowen Island	

Absent: Sentinel, Lions Bay, Eagle Harbour

Welcome and Call to Order: 9:16am

Adoption of Agenda and Minutes: LM and KC motioned for adoption of agenda. Approval of minutes, no changes.

PAC Highlight – Pauline Johnson – Kyra and Victoria

A Space for Outdoor Learning

- Not a “traditional” playground
- Is a true community space – preschool, seniors Centre, Boy Scouts groups, students, teachers, parents, after school programs, daycares, North Shore Coho Society, UBC Master Gardeners, neighbours use the property
- Was a 2 year process
- Dream big, get donations (gifts in kind, product, volunteer time), reach out to the community, input from all stakeholders: neighbours, teachers, students, parents, seniors, neighbours, Squamish Nation
- Bring in people in your “backyard” – use community partners and experts, parent experts
- Highlights of the playground:
- Ephemeral wetlands
- Outdoor classroom
- Outdoor Performance Amphitheatre
- Bird Sanctuary
- Sand-Play with Stump Jumps, Beach/Driftwood climber, water sluice
- P`ayem – First Nations’ Healing Circle and Tribute Rock to Pauline Johnson
- S7`ilhen – Community Gardens

- Overall Budget: \$350,000-\$450,000. Budget included visioning, design, site prep, marketing, materials, components, volunteer and paid professional time

President's Report – Danielle Katerberg

- Thank you to Kyra and Victoria from Ecole Pauline Johnson for taking the time this morning to share with us about their experience in bringing their outdoor learning vision into a reality. I know many schools are exploring their options to bring something similar to their sites, and it is nice to learn from and be inspired by others.
- If your PAC has a project/event/system that they would be willing to share, or, if you know of another PAC doing great work that you'd like to hear from, please let us know!

Parent Ed Grants

- There is still time to take advantage of the DPAC's Parent Ed Grant. A reminder to submit a copy of your speakers invoice by the end of May in order to receive the \$250 grant.

Foods that Fit Workshop

- April 18, 2018 - Save the Date
- Hot Lunch Vendors information required. All Hot Lunch Coordinators have been contacted. We have heard from BICS, Caulfield, West Bay, and Hollyburn. Still hoping to get a list of vendors from the other schools.

Whole Foods - Bag donation program

- Whole Foods is interested in partnering with a West Vancouver school for their bag donation fundraiser program. They are wondering if there is a school that might be in need of funds for a project that fit the following criteria:
 - Healthy Kids and families (in regards to food)
 - Food Access
 - Food as a community builder
- The school would be one of the recipients of the bag donation program from April 1 - June 30.
- The names of those schools who indicated interest will be forwarded for Whole Foods' consideration.

Power Up Potential Conference

- The Gifted Children's Association of BC (GCABC), has an upcoming conference, "Power Up Potential", which will be held, for parents, at Surrey's Fraser Heights Secondary on April 7th. This event is being hosted by GCABC and the Lower Mainland Gifted Contacts (LMGC), and will feature two keynotes by Dr. James Webb, one of the most influential psychologists in the field of gifted education, combined with a series of breakout sessions by local experts. This is the first major conference about giftedness in BC in more than a decade. Early bird prices until March 7. <http://giftedchildrenbc.org>

Upcoming Meetings

- April 4th – DPAC General Meeting – Guest Speaker Maureen Lee, Mental Health
- April 7th – Power Up Potential Conference
- April 18th – Foods that Fit Workshop

April 25th – Parent Education – Angst Film and Panel Presentation

Treasurer's Report – Nina Cheema

General Chequing Account

No new income. Parent Education expenses of \$250.00, current balance \$16,260.99.

Gaming Account

Interest income of \$0.32. No new expenses. Current balance \$2,128.99.

Committee Reports

Parent Education – Kelly Richter

Angst: Anxiety in Youth (Film)

Poster almost ready, panel with representatives from the Ministry of Child and Family Development (Child and Youth Mental Health); West Vancouver Schools Student Support Services; the Foundry; ABL Development clinic; and the North Shore Stress and Anxiety clinic. Chris Kennedy will be moderating. Ticketing link: <https://kaymeek.com/angst-documentary>

Finance and Facilities – Danielle Katerberg

Scholarships

- The District is now working with the West Vancouver Community Foundation by pooling funds to improve the returns on three Scholarship Funds that have been managed by the District. Only the interest on the initial amount is available for disbursement, and with interest rates being low on those accounts, they've been unable to use the funds as intended. The new arrangement should better fulfill the wishes and intentions of the donors to benefit students.

The 2017/18 Amended Budget

- Was forwarded to the Board for approval and submission to the Ministry.
- Revenues went up by \$1 million over forecast (due to increases in enrollment, additional funding for special needs and ELL, and more academies)
- Reserves are being used to put more resources in classrooms
- Expenses are up by \$2 million (increased expenses associated with increased enrollment, increase in FTE teachers and administrators, and an increase of 16 FTE EAs)
- Reduced reserves still leaves us in a safe position for next year, but expenses will need to be reduced.

Traffic and Safety – Deanna McDonald

Reminder:

District of West Vancouver Student Video Contest

First place prize is \$750!

Details: West Vancouver students can film a 60 to 90 second creative video explaining how safe and active transportation to school is good for health, safety, grades and the planet. Simply upload it to Youtube for a chance to win.

What: Student Video Contest: Am I Traffic?

When: Deadline April 15, 2018

Who: West Vancouver students Kindergarten to Grade 12
Sponsored by: Translink

Help District of West Vancouver get the message out about why safe and active transportation to school is important.

Full contest details are at www.westvancouver.ca/studentvideos

Comprehensive Health – Kelly Richter

Thank you for responding to the sleep survey; we received almost 500 responses. This will help guide parent ed in the future.

Calendar – Tanya Mah

The Calendar committee agreed in February to change or move two dates to 2018/19 Calendar which have been reviewed by the Superintendent and passed by the Board. The Reading Break date has been moved to February 15th due to the provincial move of the Family Day holiday. Also, Monday, October 22nd has been added as an additional non-instructional day.

Board of Trustees Report – Carolyn Broady

Provincial budget MSP changes will impact our district. Employer's tax. Advocating to be exempt.

Lunar New Year celebrations – encourage all schools to do something next year if your school didn't participate this year, it is an incredible way to engage parents and families.

Superintendent's Report – Chris Kennedy

Chartwell learning commons visit.

Great leadership from school administrators parents led to the completion of the Learning Commons project.

Principal and Vice Principal moves

Will be announced by the end of April. Elementary and Secondary principals will see very little changes since we made moves in December. Vice Principals will see some announcements as we have a few head teachers in some schools this year. Teacher postings will be in May, after April Administration announcements.

Enrollment

3 Kindergarten classes in Pauline Johnson next year, added one K class. Anticipate that a third Kindergarten class can be added every 5 years, depending on demand and classroom/space availability

Curriculum

Grade 10-12 curriculum

Next year will have a new career ed curriculum in Grade 10, replacing Planning 10

Grade 11 has new numeracy assessment this year.

New Grade 12 Literacy assessment to be added next year.

Assessment scores are not anticipated to be used for admissions to post secondary, post secondary schools will look at it as a general guideline for placement in different first year math and English classes, will not use score as part of admissions grade average.

Grad transitions 12 is being replaced by a Capstone project. Question about what Rockridge is doing since it would have both the Grade 10 IB MYP project and Grade 12 Capstone project. District and Rockridge administration is still in discussions regarding this aspect.

Presentation - Brandon Biln – Vaping

Regional Tobacco Reduction Coordinator North Shore and Sea-to-Sky. Worked with Providence Health Care and Vancouver Coastal Health supporting mental health and addictions programming for 7 years. Currently working in the three pillars of prevention, protection and cessation to help address tobacco and tobacco related concerns.

Questions:

- Long term impact –Vapes were first developed in 2003 by a pharmacist in China, not long enough to study long term effects, only short term effects are known now. Generally considered less harmful, but not harmless.
- What are users putting into the devices – Vape “juice” not regulated, do not always specify ingredients and nicotine content, not all have warning labels, safety icons, # for poison control
- How are they getting started as users, and at what age – getting younger
- % of kids moving on from vaping to general tobacco use- if kids use vape, twice as common to start smoking cigarettes
- What are the regulations around sales to minors? 19 is legal age to buy. But it can be bought online, so difficult to regulate right now.
- Recommendations on how parents best approach this topic with kids (ie, health risks) – know the facts, be patient and ready to listen, set a positive example by being tobacco and vape free, start the conversation, answer the questions, connect with resources

Overview:

- What they are
- How they work
- Concerns
- Health and safety risks
- Current regulations
- Support from TEOs
- What you can do
- Resources

What are ENDS (vapes)? Products that use a battery to heat a liquid solution and deliver an aerosol or “vapour”

Why were e-cigarettes first developed? As a smoking cessation device (harm reduction).

15-19 yo – gateway theory, twice as likely to become addicted

Vape juice “may or may not” contain nicotine. Traces of nicotine found in e-juices labelled no nicotine.

10% of grade 6-9 and 30% of grade 10-12s that have tried an e-cigarette in Canada (CTADS 2015-Canadian Tobacco Alcohol Drug Study)

Why are youth vaping?

- Cool and trendy

- Relatively safe unless nicotine is used in them
- Fun; you can learn all kinds of tricks (cloud competition)
- Enjoyable flavours and cool devices
- Useful way to stop smoking cigarettes
- Useful as a way to ingest other substances
- A way to “smoke” in a socially accepted way
- Cheaper than cigarettes
- More convenient and easier to get
- Easier to conceal

Cost of vape juice compared to tobacco:

- Approx.. 4 times less expensive over a year vs. tobacco cigarettes
- 30ml bottle of ejuice – approx. \$20, lasts about 2 weeks
- 1 pack cigarettes – approx. \$15, lasts about 2 days
- Start up e-cig kits range from \$25-200
- \$40/month vs \$225/month

Pros vs. Cons

Pros:

- Very likely less toxic than cigarettes
- More appealing to tobacco users than NRTs & prescription meds
- Some evidence they may assist with cessation
- Harm reduction option for those not interested in quitting
- Help reduce tobacco consumption

Cons:

- Some toxins have still been found – some levels comparable to traditional cigarettes
- Appeal to youth and non-smokers – gateway theory?
- Very limited evidence on cessation benefit
- May encourage “dual” use, relapse for ex-tobacco users, use among non-tobacco users
- Unregulated product – too much variation in content, method of delivery, amount of nicotine delivered

Canada – Federal position – Bill S-5

Provincial – Ministry of Health – included in Tobacco and Vapour Products Control Act (2016), treated the same as tobacco and cigarettes

Local – Municipal – treated same as tobacco

Tobacco Enforcement Officers (TEOs):

- North Shore TEO Rebecca Mair
- Office: 604-675-3800
- Email: Rebecca.mair@vch.ca

Tobacco Reduction Coordinators (TRCs):

- Brandon Biln (North Shore and Sea to Sky)
- Office: 604-983-6711

- Cell: 778-879-2739
- 6th floor-132 West Esplanade, North Vancouver, BC, V5Z 4C2

Enforcement on school grounds: administrators walk around on and off school grounds during break (ie, lunch)

North Shore Health Clinics:

Health information, smoking cessation, nutrition information, immunizations, birth control, STI/HIV testing and treatment, emergency contraception, pregnancy testing and counselling

- Foundry North Shore
 - “one stop shop” where young people can find hope, help, and support on Vancouver’s North Shore. (up to age 24)
 - 211 West 1st Street, North Vancouver
 - Youth clinic Mondays, 2:30-5pm
- West Vancouver Community Health Centre
 - Main floor – 2121 Marine Drive, West Vancouver
 - Youth clinic Tuesdays, 2:30-4:30pm
- Parkgate Community Health Centre
 - 2nd floor – 3625 Banff Court, North Vancouver
 - Youth clinic Thursdays, 2:30-4:30pm

BC Cessation Program

- Visit your local pharmacy and get FREE Nicotine Replacement Therapy (NRT) for 12 weeks each calendar year (patch, gum, lozenge, or inhaler)

Websites:

- Know the Risks – E-cigarettes and young people: <https://e-cigarettes.surgeongeneral.gov>
- Still Blowing Smoke: <http://stillblowingsmoke.org>
- The Truth: <https://www.thetruth.com>
- Fraser Health – E-cigarettes: <https://www.fraserhealth.ca/health-info/health-topics/school-health/substance-use/e-cigs/>
- E-cigarettes: A danger to children and youth. Canadian Pediatric Society (link from HealthLink BC): <https://www.caringforkids.cps.ca/handouts/e-cigarettes-a-danger-to-children-and-youth>

Fact Sheets:

- Talk with your teen about e-cigarettes: A tip sheet for parents: https://e-cigarettes.surgeongeneral.gov/documents/SGR_ECig_ParentTipSheet_508.pdf
- E-Cigarette use among youth and young adults, A report of the surgeon general: https://e-cigarettes.surgeongeneral.gov/documents/2016_SGR_Fact_Sheet_508.pdf
- E-cigarettes in Canada: Heart and Stroke: <http://www.heartandstroke.ca/-/media/pdf-files/canada/position-statement/e-cigarettes-in-canada-factsheet-eng.ashx?la=en&hash=CF2ACB95B773952C9F596C2A24A15B4E9F94D9C1>

YouTube:

- E-cigarettes: To Vape or Not to Vape? <https://www.youtube.com/watch?v=wAM3ql4HWs>

- Nicotine & Vaping: What Parents Need to Know <https://www.youtube.com/watch?v=Fn1-giTWPWk>
- E-cigarettes: Welcome Back, Big Tobacco – CBC’s the fifth estate <https://www.youtube.com/watch?v=B2myg-4zkE8>

Adjournment: 11:12am